

# } Finding a Mentor.

## WHAT IS A CONFIRMATION MENTOR?

As part of the Confirmation process, the Confirmands participate in a program of sharing their faith journey with a "Mentor." A "Mentor" or "Faith Friend," is a Christian adult that the Confirmand feels comfortable with and can share their journey of faith with through Bible study, outings and time spent together.

The Mentor may be an aunt, uncle, neighbor or any other adult. The Mentor does not have to be a member of WUMC. Parents should not be the Confirmation mentor of their own child, as mentors are meant to allow the youth to develop other figures of faith in their lives. However, parents are encouraged to be participating in discussions of faith with their Confirmand.

## PURPOSE

We desire for our youth to have faith that "sticks". The Fuller Youth Institute research shows that youth need 5 or more adult faith mentors in their lives to give them the best chance at having a faith that sticks. Though parents still maintain the number one influence in their child's life, it is crucial that youth have other adults in their lives who model faith, support them in hardship and are willing to talk about the things that matter in life.

## REQUIREMENTS

Someone who is continually growing in their relationship with Jesus Christ and active in their faith.

## TIME COMMITMENT

Minimum of 10 guided discussions, approximately 1 hour per session. Additional time spent with the Confirmand is desired and encouraged.

## RESPONSIBILITIES

- Pray for the Confirmand's spiritual growth
- Meet for guided sessions at a time and location that the mentor and confirmand select
- Attend Confirmation Rehearsal & the Confirmation Worship Service
- Participating in the mission events with the confirmand is optional (but welcomed!)