



ADULT SMALL GROUPS

At Woodlake, discipleship happens through relationships. Small groups help us move from curiosity to connection, from connection to deeper faith, and from deeper faith to living it out alongside others. Come find a place to ask, grow, belong, and take your next step.

***Childcare provided through registration.**

Woodlake Women's Fellowship (Hope)

Women who come together around learning and missions. Meetings include a speaker and a mini-mission.

1st Mondays | 9:30-11:00am | Room 105
Kaye Sigmon
kayesigmon@gmail.com

Morning MomCo

Meeting the needs of women with kids of all ages by providing a connection to other moms.

***2 Mondays/Month | 10:00am-12:00pm**
Student Center
Caitlin Murphy
<http://www.momcowoodlake.org>

Chair Yoga

A group for women to grow in faith, find peace, and connect with Jesus through prayer, breathwork, and video-driven Yoga instruction.

Mondays | 2:00-3:00pm | Room 101
Jill McCray
jmmcray60@comcast.net

Ladies in Faith Together

An encouraging bible study covering a variety of topics.

1st and 3rd Mondays | 7:00-9:00pm
Off Site
Lizanne Berg
dabergfamily@verizon.net

Evening MomCo

Meeting the needs of women with kids of all ages by providing a connection to other moms.

2 Mondays/Month | 7:00-9:00pm
Student Center
Kate Stanley
<http://www.momcowoodlake.org>

Sisters in Christ

A Life Group for spiritual growth for women 40 and older.

Mondays | 7:00-8:30pm | Off Site
April Moore
prilaru75@comcast.net

MONDAYS

TUESDAY

Journey

A class exploring the Sermon on the Mount and the spiritual practices Jesus teaches, using Daniel Wolpert's Looking Inward, Living Outward.

Tuesdays | 10:00-11:30am | Room 101
Sue Ellen Miller and Barbara Robinson
revsemiller@sbcglobal.net

Prayer Shawl Ministry

A group for anyone who loves to knit or crochet or wants to learn. Create prayer shawls and baby blankets to be prayed over and given to members of our congregation.

Tuesdays | 3:00-5:00pm | Room 204
Bobbi Sampson
bobbilyn92@gmail.com

Senior Connections

A relaxed quarterly potluck for senior adults to enjoy friendship, conversation, updates, and fun.

Tuesdays (Quarterly) | 5:00-8:00pm
Student Center
Mary Etta Moorachian
mmoorachian@gmail.com

Disciples Fast Track IV: Exploring the Letters of Paul

A 12-week Bible study exploring Paul's letters through Scripture, context, video teaching, and discussion. Designed for deeper study in a manageable format.

Tuesdays | 6:30-8:00pm | Room 201
Houston Hemp
houston.hemp@gmail.com

NEW
GROUP

WEDNESDAY

Carter Small Group

A small group of men and women of all ages who share a deep love for Jesus and for engaging, lively discussions about faith!

***Wednesdays | 6:30-8:00pm | Online**
John Carter
jcarterva@gmail.com

Coming Closer

A covenant-based group focused on spiritual reflection, faith sharing, Scripture, and Benedictine practices using the book Heart Whispers.

***Wednesdays | 6:30-8:00pm | Room 203**
Sue Ellen Miller
revsemiller@sbcglobal.net

NEW
GROUP

Hands Reaching Hearts

Every month we will share together what is on your heart. This fellowship meets to lift you up and sprinkle hope on whatever you are facing.

***1st Wednesdays | 6:45-8:00pm**
Room 204
Kristine Thompson
khtthompson1@aol.com

NEW
GROUP

Deeper Dig

A weekly space for men to move from isolation to real connection. Grow in faith, fitness, and family

***Wednesdays | 6:45-7:45pm | Room 202**
Dave Paltza
davidpaltza@gmail.com

Her Light

This group is for women juggling career moves, chasing dreams, raising littles, or figuring out what's next. We share food, stories, and faith that fits real life — messy, busy, and beautiful.

***Wednesdays | 6:45-7:45pm | Room 205**
Cori Paltza
coco_creations@yahoo.com

WELVU2

Real women with real lives, doing life together through faith, fellowship and fun where there is ALWAYS an empty seat for someone to join.

Thursdays | 6:30-8:00pm | Room 205
Tracy Lee Gregory
tralee6@hotmail.com

Mary & Martha

A group of women gathering to study God's word through scripture and hands-on experiences.

Thursdays | 10:00-11:30am Room 201
Pattie Munnikhuysen
munnikhuysen@aol.com

Woodlake Women's Fellowship (Friendship)

Women who come together around learning and missions. Meetings include a speaker and a mini-mission.

3rd Thursdays | 7:00-8:30 pm | Room 101
Mary Smalling
smalling3616@gmail.com

Share and Grow

An open forum meeting where scriptures, quotes, thoughts and prayers are shared allowing participants to listen, learn and grow from what others have to say.

2nd & 4th Thursdays | 9:30-11:00am
Room 205
Milt Burton
milt.burton@gmail.com

Friday AM Bible Study

Bring your Bible as we study difficult books of the bible. The coffee will be on and you'll be on time for work!

Fridays | 6:30-7:30am | Room 101
Don Vaught
don.r.vaught@gmail.com

WUMP Angels

A loving group of women dedicated to helping our Preschool teachers!

3rd Fridays | 10:00-11:30am | Room 105
Suzy Thomas
suzycthomas@yahoo.com

SATURDAY

Men's Ministry Breakfast

Join our Men's Fellowship Breakfast and Rooftop devotion. Come enjoy good company, food and fellowship.

Bring a friend.

1st Saturdays | 7:30-9:30am

Student Center

Don Vaught

don.r.vaught@gmail.com

Chronic Illness Support Group

For anyone navigating the challenges of ongoing physical or mental health conditions. Come for encouragement from people who understand that some journeys are long ones.

2nd Saturdays | 9:00-10:30am | Room 101

Shelly Seaman

weteachva@gmail.com

SUNDAY

Dig into the Sermon

The sermon doesn't have to end when worship does. Dig into that week's message, ask questions, share perspectives and explore what it means for life.

***Sundays | 10:40-11:30am | Room 204**

Leo Biocchi

lbocchi@woodlakeumc.org

Exploring the Scriptures

Dig into a book of the Bible line by line through history, context, theology, and thoughtful discussion.

***Sundays | 9:30-10:30am | Room 201**

Mark Manasco

mark.manasco@comcast.net

Living as Christians

Faith gets practical here. A multi-generational group exploring Scripture and Christian voices through thoughtful discussion, prayer, service and friendships beyond Sunday morning.

***Sundays | 9:30-10:30am**

Room 205 and Virtual

Don Vaught

don.r.vaught@gmail.com

READY TO FIND YOUR GROUP?



Scan to download the Woodlake UMC app,
then go to **Connect → Get Connected → Find a Group**
to learn more and join.

Contact: Leo Biocchi, Director of Discipleship
lbocchi@woodlakeumc.org | 804-739-4535 ext. 8862