

CHESTERFIELD COUNCIL ON AGING

RESOURCE DIRECTORY

SERVICES FOR OLDER ADULTS AND INDIVIDUALS
WITH DISABILITIES IN CHESTERFIELD COUNTY



RESOURCE DIRECTORY

SERVICES FOR OLDER ADULTS AND INDIVIDUALS WITH DISABILITIES IN CHESTERFIELD COUNTY

Prepared and Published by
Chesterfield Council on Aging

Funding Provided by
Lucy Corr
6800 Lucy Corr Boulevard
Chesterfield, VA 23832
804-748-1511
www.lucycorr.com

INTRODUCTION

How do I find out about my social security benefits and what is the phone number? How can I find out what services are available for my parents? What resources are available for caregivers? The answers to these and many other questions can be found in this directory.

The Resource Directory of Services for Older Adults and Individuals with Disabilities, prepared by the Chesterfield Council on Aging, is intended for a wide audience, including older adults, individuals with disabilities, their families, caregivers, health professionals, providers of social services and others who have a special interest in the field of aging.

First published in 2002, it has become the comprehensive listing of services for older adults and adults with disabilities in Chesterfield County. It is widely distributed to area senior organizations, senior centers, libraries, medical offices, Chesterfield County departments and area hospitals.

Chesterfield County residents can also request a copy by mail. This valuable resource supports the mission of the Chesterfield Council on Aging, which is “to enhance the quality of life for older adults and adults with disabilities through education, advocacy and community service.”

The directory contains the names, addresses, telephone numbers (toll free whenever possible) and websites of organizations that offer health information, legal aid, educational opportunities, social services, consumer advice, or other assistance.

We have included profit and not-for-profit agencies, professional societies, private groups and voluntary programs. These organizations provide services to adults and their families. We have tried to include as many groups as possible. ***Please keep in mind that the Chesterfield Council on Aging does not recommend or endorse specific organizations.***

Following the introduction, local county agencies are listed, and their services described. Other resources are arranged alphabetically by category in the table of contents.

Every effort has been made to include accurate information. Because this type of information is subject to change, we encourage you to update telephone numbers and addresses periodically.

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Chesterfield County Office of Aging & Disability Services

P. O. Box 40, 9800 Government Center Parkway
Chesterfield, VA 23832
www.chesterfield.gov/seniorservices

Phone: 804-768-7878
Fax: 804-748-1099

The Office of Aging & Disability Services (formerly known as the Office of the Senior Advocate) was created to provide leadership and direction as Chesterfield County seeks to meet the needs of an increasingly older population. The Office of Aging & Disability Services offers information and referrals, promotes and coordinates services for:

- Older adults who want to remain active and independent, and be vital contributors to their communities through volunteer and employment opportunities;
- Older adults who may need assistance and information about, and referrals to services and resources to remain as independent as possible;
- Caregivers to older adults, including those who may themselves be older and need assistance;

Additional Programs:

- **Caregiver Connection** – a support group helping to address the needs of those caring for an adult with physical or cognitive deterioration, usually a parent or spouse.
- **Centenarian Club** – recognizes residents that are aged 100 and more.
- **Kinship Connection** – a support group for grandparents raising their grandchildren and other kin raising a child.
- **Lawyers Helping Seniors Day** – legal documents are prepared free for eligible older adults.
- **Senior Ambassador Program** – older adults learn about county resources and programs during this eight-week session.
- **Senior Volunteer Hall of Fame** – recognizes significant volunteer work of older adults since attaining the age of 60 (lowered from 65 in 2015).
- **Telephone Reassurance Program** – volunteers make phone calls to older adults and individuals with disabilities for socialization and to check on their well-being.
- Partners with other groups and organizations to provide programs throughout the county.

Chesterfield County Commissioner of The Revenue

P. O. Box 124, 9901 Lori Road
Chesterfield, VA 23832
<http://www.chesterfield.gov/comrev>

Phone: 804-748-1281
Fax: 804-768-8649
cor@chesterfield.gov

The Commissioner of the Revenue is responsible for assessing County taxes. We are a customer-oriented organization, providing the following services to Chesterfield County citizens. We are also available, Monday to Friday 8:30am to 5:00pm to help citizens in our office or over the phone.

- **REAL ESTATE TAX RELIEF:** Administration of the County's tax relief program for seniors and disabled citizens, who are: over 65 years of age; own and reside in their home; earn less than \$52,000 and have assets of less than \$350,000. Citizens may be eligible for up to 100% tax relief on real estate taxes. To apply, please complete an application form and provide proof of income and assets.

Real Estate and Mobile Home Tax Relief Application:

<https://www.chesterfield.gov/DocumentCenter/View/2620/Elderly-and-Disabled-Tax-Relief-Form-and-Instructions-PDF> All forms can be obtained in our office: 9901 Lori Rd, Room 165, Chesterfield, VA 23832

- **VETERAN'S REAL ESTATE TAX RELIEF:** Administration of the Commonwealth of Virginia's tax relief program for veterans with a 100% service-related disability and their surviving spouses.

Veteran's Real Estate and Mobile Home tax Relief Application:

<https://www.chesterfield.gov/DocumentCenter/View/2423/Veterans-TaxRelief-Application-PDF> All forms can be obtained in our office: 9901 Lori Rd, Room 165, Chesterfield, VA 23832

- **PERSONAL PROPERTY TAX:** Assessments on automobiles, mobile homes, boats and other motorized vehicles. Application of tax abatement / relief in certain cases, for example high mileage, disabled veteran and handicap adapted vehicles.
- **VETERAN'S REAL ESTATE TAX RELIEF:** Administration of the Commonwealth of Virginia's tax relief program for veterans with a 100% service-related disability and their surviving spouses.
- **STATE INCOME TAX:** Preparation and filing of state income tax returns. Mail

or bring tax returns to the Commissioner's office by May 1. Please bring in a completed federal tax return for help preparing a state tax return. Instructions for completing state tax return completion available on request.

- **BUSINESS TAXES:** All Chesterfield County businesses, with limited exceptions, must have a business license to operate in the County. Business license renewal and filing a Return of Business Personal Property is required annually by March

Chesterfield County Cooperative Extension

P. O. Box 146, 9501 Lori Road
Chesterfield, VA 23832
<http://www.chesterfield.gov/extension>

Phone: 804-751-4401
Fax: 804-768-7576

The Chesterfield Cooperative Extension office brings resources of Virginia's land-grant universities, Virginia Tech and Virginia State University, to you through innovative programs, expert advice and research-based solutions.

- **4-H YOUTH DEVELOPMENT:** Leadership Development, Camping, International Exchange, Character Counts, STEM Programs (Science, Technology, Engineering and Math), Animal and Plant Projects and Community Service.
- **AGRICULTURE AND NATURAL RESOURCES:** A Master Gardener Program, plant disease identification, home and yard pests and pesticide recommendations, IPM (Integrated Pesticide Management), Healthy Virginia Lawns, Learn Your Landscape and Sustainable Landscaping.
- **COMMUNITY VIABILITY:** Innovative Leadership, Facilitation Skills, Agritourism, Community Food Systems, Volunteer Development and Community Planning.
- **FAMILY AND CONSUMER SCIENCES:** Master Financial Education Volunteers, Financial Management Counseling, Master Food Volunteers, Child Development, Food Safety and Preservation, and Family Nutrition Programs.

Chesterfield-Colonial Heights Christmas Mother

P. O. Box 2500, 9854 Lori Road Court Square
Chesterfield, VA 23832

Phone: 804-748-1183

Organized in 1972 by a group of dedicated volunteers, this charitable, non-profit organization exists to ensure that in our community, no family is without food, no child is without toys and clothing, and no older adult is forgotten as we celebrate the holiday season. ***The office is open October – December.***

Chesterfield County Health Department

P. O. Box 100, 9501 Lucy Corr Circle
Chesterfield, VA 23832

Phone: 804-748-1691

www.vdh.virginia.gov/LHD/cfield

- **COMMUNICABLE DISEASE PROGRAM.** Investigates disease outbreaks. Phone: 804-748-1975.
- **ENVIRONMENTAL HEALTH.** Management of environmental complaints, well and septic system evaluations, food establishment permitting and inspection and rabies control. Phone: 804-748-1610.
- **IMMUNIZATION SERVICES.** Provides required childhood vaccinations and vaccines for foreign travel. Phone: 804-768-7454.
- **NURSING HOME PRE-ADMISSION SCREENING SERVICES.** In cooperation with the Department of Social Services, determines eligibility for nursing home placement or community-based services with Medicaid as a payment source. To schedule an appointment, call the Department of Social Services at 804-748-1100.
- **VITAL STATISTICS.** Issues certified copies of death certificates for deaths occurring in Chesterfield County, at a fee of \$12 per copy. Phone: 804-748-1691.

Chesterfield County Mental Health Support Services

P. O. Box 92, 6801 Lucy Corr Boulevard
Chesterfield, VA 23832

<https://www.chesterfield.gov/mhss/>

Phone: 804-768-7318

Fax: 804-717-6659

TDD: 804-768-7200

Office hours:

- Monday, 8:00 a.m.-5:00 p.m.
- Tuesday – Thursday, 8:00 a.m.–9:00 p.m.
- Friday, 8:00 a.m.-5:00 p.m.

CRISIS PHONE: 804-748-6356

SERVICES FOR OLDER ADULTS

- Crisis Intervention
- Outpatient Mental Health Counseling
- Psychiatric Services
- Substance Abuse Counseling and Services

Chesterfield-Colonial Heights Department of Social Services

P. O. Box 430, 9501 Lucy Corr Circle
Chesterfield, VA 23832

www.chesterfield.gov/569/social-services

Phone: 804-748-1100

- **Adult Protective Services.** Protective services are provided to aged, blind and disabled adults who are unable to protect themselves from neglect, abuse and exploitation. Protective services may include individual and family counseling, referral for legal representation or health care and arranging guardianship or other living situations.
<https://www.chesterfield.gov/749/Adult-Protective-Services>
- **Adult Services.** Services include personal and housekeeping tasks for individuals who are unable to perform such tasks. Eligibility based on income. Services are limited to funds availability. Helps in locating appropriate adult care residence, Auxiliary Grant Assisted Living Facility, screening for placement in a nursing home or personal care, adult day care, community-based services and respite care services by way of the Medicaid Program. Contact Adult Services Unit to request screening for Auxiliary Grant Assisted Living Facility and Long-Term Care services for adults and children.
<https://www.chesterfield.gov/757/Long-Term-Care>

- **Energy Assistance Programs.** Financial assistance is available to qualified individuals for the purchase of necessary fuel during peak periods.
- **Assessment & Resource Team (ART).** Provides assistance locating appropriate resources to meet individual needs of the adult population, including emergency needs.
<https://www.chesterfield.gov/625/Emergency-Services---Assessment-Resource>
- **Medical Assistance.** For full coverage and limited coverage groups (QMB, SLMB, QI, Long-Term Care Medicaid for adults and children). Call Cover Virginia Call Center at 1-855-242-8282, apply online at commonhelp.virginia.gov or call 804-748-1100 to request a copy of the application to be mailed, or request it in person at the agency (9501 Lucy Corr Circle, Chesterfield ,VA 23832).
- **SNAP** (Supplemental Nutrition Assistance Program, formerly Food Stamps). Financial assistance is available to qualified individuals for the purchase of necessary food items.
- **Transportation Services.** For Medicaid eligible persons, transportation to medical appointments may be arranged by calling Logisticare at 1-866-386-8331. Logisticare requires at least two weeks' notice.

Chesterfield County Parks & Recreation Department

P.O. Box 40, 12140 Harrowgate Rd
 Chester, VA 23831
www.chesterfield.gov/parks
www.chesterfield.gov/activelifestyles

TO REGISTER FOR PROGRAMS: 804-748-1623
50+ Active Lifestyles: 804-751-4135

The Chesterfield County Parks and Recreation Department offers a wide variety of leisure activities and programs throughout the county. Activities include:

- Art classes
- Craft programs
- Dance classes
- Day trips
- Fitness, exercise, wellness
- Sports
- Special interest groups

Older adult programming is offered at the following locations:

- **50+Active Lifestyle programs at Chesterfield Baptist Church**
 16520 Hull Street Road, Moseley VA 23120 ----- **804-339-2877**

- **50+Active Lifestyle programs at Huguenot Road Baptist Church**
10525 West Huguenot Road, North Chesterfield, VA 23235 ---- **804-212-8815**
- **Bensley Recreation Center**
2900 Drewrys Bluff Road, North Chesterfield, VA 23237 ----- **804-275-5321**
- **Etrick Recreation Center**
20621 Woodpecker Road, South Chesterfield, VA 23803 ----- **804-706-2596**
- **Older Adults with Disabilities.** Recreation programs include sports skills, walking activities, craft classes, dance classes, bingo and other social events. ----- **804-751-4134**
- **Stonebridge Recreation Center**
230 Karl Linn Drive, North Chesterfield, VA 23225----- **804-768-7885**

Chesterfield County Public Library

P. O. Box 297, 9501 Lori Road Chesterfield, VA 23832 <u>library.chesterfield.gov</u>	Information Hours Line: 804-751-CCPL (804-751-2275)
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The mission of the Chesterfield County Public Library is “to help people transform information into usable knowledge”. The library provides free programs and services to residents of all ages. The libraries also carry large print books and offer technology instruction and assistance.

Library Locations and Phone Numbers:

- Bon Air Library**----- **804-318-8966**
9103 Rattlesnake Road, North Chesterfield, VA 23235
- Central Library**----- **804-748-1774**
7051 Lucy Corr Boulevard, Chesterfield, VA 23832
- Chester Library**----- **804-318-8977**
11800 Centre Street, Chester, VA 23831
- Clover Hill Library** ----- **804-318-8668**
6701 Deer Run Drive, Midlothian, VA 23112
- Enon Library**----- **804-318-8911**
1801 Enon Church Road, Chester, VA 23836

Ettrick-Matoaca Library----- **804-318-8688**
4501 River Road, Ettrick, VA 23803

LaPrade Library ----- **804-318-8988**
9000 Hull Street Road, North Chesterfield, VA 23236

Meadowdale Library ----- **804-318-8778**
4301 Meadowdale Blvd., North Chesterfield, VA 23234

Midlothian Library ----- **804-768-7907**
521 Coalfield Road, Midlothian, VA 23113

North Courthouse Road Library ----- **804-318-8499**
325 Courthouse Road, North Chesterfield, VA 23236

PUBLIC SAFETY

Chesterfield County Fire and EMS

P. O. Box 40

Chesterfield, VA 23832

fire@chesterfield.gov

Phone: 804-748-1360

The Chesterfield County Fire and EMS Department offers many resources to county residents other than our usual emergency medical services and fire protection. Below you will find several of those resources and programs:

COMMUNITY EMERGENCY RESPONSE TEAM – (CERT) training is a free eight-week class program in basic disaster response skills. Participants will be trained how to help their families, friends and neighbors in the event of an emergency. Participants will learn about: emergency preparedness, incident management, terrorism awareness, 911 communication, disaster psychology, fire safety & suppression, medical operations, and light duty search and rescue.

This is a volunteer organization; however, no volunteer commitment is required after completion.

Website: www.chesterfield.gov/cert

Email: CERT@chesterfield.gov

Phone: 804-751-2378

CITIZEN'S ACADEMY – The Chesterfield Fire & EMS Citizen's Academy is an eight-class program that gives the student a unique insight into what services your fire department provides and what it is like to be a firefighter with CF&EMS. Each session will provide you with how your fire department operates and show you what it means to be an All-Hazards Organization. The Academy is offered twice a year, beginning in April and October. To register, call 804-748-1426 or email firemarshal@chesterfield.gov.

EMS PASSPORT – Passport is a subscription program, when emergency ambulance transportation is required, that is designed to help eliminate out-of-pocket patient expenses and health insurance co-payments, It also offers protection against rising health care costs. Subscribers will not be responsible for any additional balances or fees, except as required by law or regulation, after insurance claims are processed. The subscription cost is \$49/year for an individual and \$79/year for a family. If you need assistance on how to complete an application, please call 804-768-7524, and speak to one of our specialists.
<https://www.chesterfield.gov/573/EMS-Passport>

SMOKE ALARM PROGRAM – Chesterfield county Fire and EMS understands the importance of having a working smoke alarm in your home. A working smoke alarm doubles your chance of survival in the event of a residential fire. If you need a smoke alarm or need assistance to install an alarm or change the batteries, please call the Fire and Life Safety Division at 804-748-1426

FIRE AND LIFE SAFETY EDUCATION PROGRAMS – The Community Programs Office provides educational opportunities to the community to reduce the number and severity of fires and injuries. Each program focuses on a set of objectives that is relevant to the age group being taught from school age children to the older adult, to reduce known causes of fire, injury and fatalities. If you have any questions, please call the Fire and Life Safety Division at 804-748-1426.

Chesterfield County Police Department

Emergency: 911

**P. O. Box 148, 10001 Iron Bridge Road
Chesterfield, VA 23832**

www.chesterfield.gov/941/Police

Phone: 804-748-1251

Fax: 804-748-6265

Community Services Division

2730 Hicks Road

N. Chesterfield, VA 23235

804-318-8699

pdcommunityservices@chesterfield.gov

Twitter [@ccdpcommunitysvcs](https://twitter.com/ccdpcommunitysvcs)

The Chesterfield Police department offers specific programs and services to county seniors through its Community Services Division.

Neighborhood Watch: This program unites residents within a community with the ultimate goal of reducing crime by being observant and reporting suspicious activity.

Senior citizen's Police Academy: County residents and business owners, age 55 or older, are given the opportunity to "go behind the badge" and get an inside look at the operations of the police department.

Home Security Assessments: County residents are encouraged to schedule a free assessment with a Crime Prevention Specialist who will provide recommendations on how to most effectively bolster the security of their homes.

Worship Watch: Worship leaders and law enforcement work together to maintain a safe welcoming environment through application of crime prevention best practices.

Crime Prevention Programs: Crime Prevention Specialists are available for group/organization presentations on topics including: active shooter, frauds/scams, identity theft, personal safety, and shopping safety.

Chesterfield County Sheriff's Office

P. O. Box 940, 9500 Courthouse Road
Chesterfield, VA 23832

Phone: 804-748-1261
Fax: 804-748-5808

<https://www.chesterfield.gov/765/Sheriffs-Office>

The Chesterfield County Sheriff's Office brings resources to our community by providing the following community service programs:

- **SENIORS IN TOUCH PROGRAM:** There are many seniors in our community that live alone and have no family in the area. The Chesterfield County Sheriff's Office Seniors in touch Program pairs deputies with qualifying county seniors to monitor their personal safety and well-being. Seniors receive visits and phone calls from Sheriff's Office personnel for updates on daily events, health concerns and personal needs. The program provides family members living out of the area the comfort of knowing someone is checking on their family member.
- **FILE OF LIFE:** The Sheriff's Office provides resource cards for this safety program to members of the community during various community service events. The File of Life Program provides a card and decal with medication information that is held inside a magnetic red vinyl sleeve marked File of Life which the user posts on the refrigerator or on the inside of their front door to aid first responders in saving their lives in the event of an emergency.
- **YELLOW DOT PROGRAM:** The Sheriff's Office provides resource decals for this safety program to community members during various community events. The program is designed to save valuable time in the event of a medical related incident. A reflective yellow decal is placed on a vehicle's window and a medical information sheet is placed in the glove box to help first responders in the event of an emergency.
- **SAFE EXCHANGE ZONE:** The Chesterfield County Sheriff's Office Safe Exchange Zone located at 9500 Courthouse Road, Chesterfield, VA 23832 is a designated area that can be used to conduct goods or custody exchanges in a safe area monitored by 24/7 video surveillance. The safe zone is well marked, well lit, and monitored by multiple video cameras that are continually monitored by our deputies. The safe zone is equipped with a panic button which activates a duress alarm as well as a visual strobe light. The Safe Exchange Zone is open to anyone and appointments are not necessary.

Senior Connections, The Capital Agency on Aging

24 East Cary Street, Richmond, VA 23219

www.seniorconnections-va.org

Phone: 804-343-3000

Toll free: 800-989-2286

Office Hours: Monday – Friday, 8:30am – 5:00pm

Senior Connections, The Capital Area Agency on Aging, is dedicated to helping individuals maintain quality of life and independence as they age. We place special emphasis on helping older adults who may be socially isolated and physically or economically at risk. Senior Connections serves as an advocacy and education organization focusing on issues that impact current and future retirees.

Finding Options and Resources

Our Agency will provide **Information and Referrals** for resources in our service area for older adults and caregivers. We are an entry point for connecting individuals with agencies and resources through the state's secure **No Wrong Door System**. Our **Care Coordination Program** provides information, referral, assessment and coordination of services to older adults, caregivers and their families. In addition, we have a **Medicare and Insurance Counseling Program** to assist Medicare beneficiaries, their families and caregivers in understanding Medicare coverage and other related health insurance benefits. Specialists with our **Benefits Enrollment Center** assist Medicare beneficiaries to apply for and understand benefits for which they may be eligible.

Support to Stay Home

We promote connections to help individuals live positive independent lives. Our programs include: **Home Delivered Meals** for those who are homebound; **Friendship Cafes** to allow older adults to socialize over a hot meal; **TeleBridges** to provide a friendly call two to five times per week; **Respite and In-Home Services** to provide temporary support; **Money Management** to help with check writing and reviewing bank statements; **Care Transitions** to work with the local hospitals to support a successful discharge and **Ride Connection** to assist with transportation for medical appointments.

Assistance to Caregivers

Caregivers are provided assistance with obtaining information about available services. In addition, educational programs are provided to help with problem solving and decision making.

Advocacy and Support

The following programs allows us to advocate for older adults and caregivers. Our **Public Guardians** are advocates for the most vulnerable adults who lack capacity to make decisions. **Senior Law Days** are offered throughout the year to assist eligible older adults and persons with disabilities to prepare Wills, Durable Powers of Attorney and Advance Medical Directives. Our **Long-Term Care Ombudsman** protects and advocates for the rights of persons living in nursing and assisted living homes. The **Virginia Senior Medicare Patrol** educates Medicare beneficiaries, caregivers and their families to prevent, detect and report healthcare fraud, errors and abuse.

Getting Involved

We provide programs that allow older adults to become involved through volunteering or with our employment services. An older adult can provide additional support to children through our **Foster Grandparent program** as a volunteer mentor. The **Retired and Senior Volunteer Program** offers many opportunities with organizations throughout the area for volunteering and our internal **Volunteer Program** provides opportunities to support Agency programs. Our **Senior Employment** offers short term work experience and matches potential job candidates with other organizations.

Education and Information

Computer classes are offered to older adults wishing to learn the basics. Learning opportunities include **Health and Wellness** classes on fall prevention, chronic disease self-management and healthy habits for adults. We have **Speakers** who are able to speak on topics related to enhancing the quality of life for seniors and caregivers.

Please contact Senior Connections at 804-343-3000 or go to our website at seniorconnections-va.org to learn more about our services. You may also pick up a copy of our *Engage at Any Age* Newsletter (formerly Mature Life) in the FiftyPlus publications at over 300 locations in the Greater Richmond area.

Virginia Navigator

7501 Boulders View Drive, Suite 630
North Chesterfield, VA 23225

Phone: 804-525-7728

www.SeniorNavigator.org, www.DisabilityNavigator.org,
www.VeteransNavigator.org, www.VirginiaNavigator.org

VirginiaNavigator is a free, non-profit, public/private partnership that connects older adults, people with disabilities, veterans, and their caregivers and families with local services available in the community. The VirginiaNavigator family of Websites features over 26,000 programs and services that address health and aging issues, transportation options, benefits assistance, recreational opportunities, financial concerns, legal questions, caregiver support, housing options, and more. Additional features of the websites include “Ask an Expert” and a Community Calendar.

Chesterfield County partners with VirginiaNavigator to bring you a partnership for healthy aging. For those not having computer or Internet access, all Chesterfield County Libraries offer free access and assistance with the websites.

ADAPTIVE TECHNOLOGY (See [Medical Supplies and Equipment](#))

ADULT DAY SERVICES

These centers provide activities as well as nutritional programs to stimulate and maintain daily functioning. This allows families the freedom to work and/or provide respite for the caregiver.

Ascend Health Adult Retreat -----804-621-4209

6421 Chesterfield Meadows Drive, Chesterfield, VA 23832

www.ascendhealthar.com

Alternative Adult Care, LLC -----804-427-6968

7193 Brooking Way, Mechanicsville, VA 23111

Circle Center Adult Day Services -----804-355-5717

4900 West Marshall Street, Richmond, VA 23230

www.circlecenterva.org

dayBREAKS Adult Day Center -----804-419-0999

2405 Dovercourt Drive, Midlothian, VA 23113

www.daybreaksva.com

Hanover Adult Center, Inc -----804-746-0743
7231 Stonewall Parkway, Mechanicsville, VA 23111
www.hanoveradultcenter.com

Helping Hands Adult Health Care Center of Petersburg -----804-861-1353
130 McKeaver Street, Petersburg, VA 23803
www.helpinghandsva.com

Innovage PACE
1300 MacTavish Avenue, Richmond, VA 23230 -----804-977-5900
www.myinnovage.com

Lucy Corr Adult Day Center-----804-748-1511
P. O. Drawer 170, 6800 Lucy Corr Boulevard, Chesterfield, VA 23832
www.lucycorr.org

Swift Creek Day Center -----804-744-7412
2806 Fox Chase Lane, Midlothian, VA 23112

ADULT PROTECTIVE SERVICES

These programs offer information, referral, and/or follow up to families or individuals who have or are believed to have experienced abuse of some form. Abuse may be physical, mental, financial, or neglect. If in doubt as to whether it is abuse, call and discuss it with an agency representative.

Adult Protective Services (APS) - Virginia Department of Social Services
www.dss.virginia.gov/family/as/aps.cgi----- **Hotline: 1-888-832-3858**

Chesterfield-Colonial Heights Department of Social Services-----804-748-1100
9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
www.chesterfield.gov - Social Services

Chesterfield Domestic and Sexual Violence Resource Center
10111 Krause Road, Suite 210, P.O. Box 40, Chesterfield, VA 23832
Administrative: -----804-318-8265
Client Services: -----804-318-8264
www.chesterfield.gov/dsvrc

Medicaid Fraud Control Unit-----804-786-7750
Office of the Attorney General, 202 North 9th Street, Richmond, VA 23219
www.oag.state.va.us/programs-initiatives/medicaid-fraud

ADVOCACY RELATING TO OLDER OR DISABLED ADULTS

This is a program to help resolve concerns or complaints. Key areas monitored include residents living in nursing homes, adult care, and assisted living facilities. Technical information and advocacy on aging issues is provided in specific areas.

AARP State Office -----866-542-8164

707 East Main Street, Suite 910, Richmond, VA 23219

<http://www.aarp.org/states/va/>

Central Virginia Task Force on Domestic Violence in Later Life -----804-828-1525

VA Center on Aging, VCU, P.O. Box 980229, Richmond, VA. 23298

www.sahp.vcu.edu/departments/vcoa/programs/abuse-in-later-life/the-central-virginia-task-force-on-domestic-violence-in-later-life/

Chesterfield Fire & EMS Mobile Integrated Healthcare Unit

6731 Mimms Loop, P.O. Box 40, Chesterfield, VA 23832-----804-706-2587

Crater District Area Agency on Aging -----804-732-7020

23 Seyler Drive, Petersburg, VA 23805

www.CDAAA.org

disAbility Law Center of Virginia -----800-552-3962

Virginia Office for Protection and Advocacy ----- TTY/TDD 225-2042

1512 Willow Lawn Drive, Suite 100, Richmond, VA 23230

www.DLCV.org

Medicaid Fraud Control Unit-----804-786-7750

Office of the Attorney General, 202 North 9th Street, Richmond, VA 23219

www.oag.state.va.us/programs-initiatives/medicaid-fraud

Office of the State Long-Term Care Ombudsman -----804-726-6624

Department of Aging and Rehabilitative Services -----800-552-3402

8004 Franklin Farms Drive, Henrico, VA 23229

<https://www.virginia.gov/services/office-of-the-state-long-term-care-ombudsman/>

Senior Connections, The Capital Area Agency on Aging -----804-343-3000

24 East Cary Street, Richmond, VA 23219----- Toll Free 800-989-2286

www.seniorconnections-va.org

Senior Medicare and Medicaid Patrol Project (Fraud) -----804-644-5628

www.virginiamp.org/healthcare-fraud----- Toll Free 800-938-8885

SeniorNavigator's Take Back Your Life Solution Center -----804-525-7728

7501 Boulders View Drive, Suite 201, North Chesterfield, VA 23225 -----866-393-0957

A web-based resource/solution center to help victims of domestic violence in later life.

<http://tbyl.virginianavigator.org/>, www.virginianavigator.org, www.SeniorNavigator.org

YWCA Victims of Rape or Domestic Violence ----- Hotline 804-612-6126
6 North 5th Street, Richmond, VA 23219
www.ywcarichmond.org

Virginia Association of Area Agencies on Aging -----804-644-2804
24 East Cary Street, Suite 100, Richmond, VA 23219
www.vaaaa.org

Virginia Board for People with Disabilities -----804-786-0016
1100 Bank Street, 7th Floor, Richmond, VA 23219
www.vaboard.org

Virginia Department for Aging and Rehabilitative Services -----804-662-9333
1610 Forest Avenue, Suite 100, Richmond, VA 23229 ----- **Toll Free 800-552-3402**
www.vda.virginia.gov

ALZHEIMER’S AND OTHER DEMENTIAS

These agencies provide a variety of services to meet the needs of those with Alzheimer’s Disease/dementia and their caregivers.

Alzheimer’s Association, Greater Richmond Chapter -----804-967-2580
4600 Cox Road, Suite 130, Glen Allen, VA 23060
www.alz.org/grva ----- **Toll Free 800-272-3900**

Alzheimer’s Association, Tri-Cities Branch -----804-446-5860
201 Temple Avenue, Suite E, Colonial Heights, VA 23834

Alzheimer’s Support Group Information (meeting locations) -----804-967-2580

AREA AGENCIES ON AGING

These agencies provide a variety of services to meet the needs of older adults.

Crater District Area Agency on Aging -----804-732-7020
23 Seyler Drive, Petersburg, VA 23805
www.CDAAA.org

Senior Connections, The Capital Area Agency on Aging -----804-343-3000
24 East Cary Street, Richmond, VA 23219 ----- **Toll Free 800-989-2286**
www.seniorconnections-va.org

ASSISTED LIVING (See Housing Options)

BEREAVEMENT SUPPORT GROUPS/WIDOWED GROUPS

These agencies and support groups provide a variety of services and support for those who have lost a loved one. Please note all hospice organizations have bereavement support services for their client's families.

Bereavement Coalition of Central Virginia-----804-909-0123

Compassionate Friends -----804-458-9000

Depression & Bipolar Support Alliance Support Group -----804-393-8092
www.dbsalliance.org

BILL PAYING SERVICES

Counts Accounting and Tax, LLC -----804-269-7937
9929 Hull Street Road, North Chesterfield, VA 23236
www.tacounts.com

Guidelight Money Management, LLC -----804-241-7506
4860 Cox Road, Suite 200, Glen Allen, VA 23060
www.guidelightmoneymgmt.com

Julie's Desk-----804-304-3366
15673 Fox Cove Circle, Moseley, VA 23120
www.julies-desk.com

Senior Connections, The Capital Area Agency on Aging -----804-343-3000
24 East Cary Street, Richmond, VA 23230 **Toll Free 800-989-2286**
www.seniorconnections-va.org

CARE MANAGEMENT SERVICES

These are private companies and non-profit organizations that offer a wide variety of coordination and referral services to families coping with the care of a relative or an adult with a disability.

A Helping Hand Senior Care Services-----804-486-9177
9318 Salix Grove Lane, Chesterfield, VA 23832
www.ahelpinghandva.com

A Place for Mom – Eldercare Advisor -----866-518-0936
www.aplaceformom.com

Always Best Care Senior Services -----804-912-5688
10810 Hasty Lane, Suite 103, Midlothian, VA 23112
www.alwaysbestcarerichmondsouth.com

Ascend Health Adult Retreat -----804-621-4209
6421 Chesterfield Meadows Drive, Chesterfield, VA 23832
www.ascendhealthar.com

Assisted Living Locators of Greater Richmond -----804-643-2600
10440 Greglynn Road, North Chesterfield, VA 23236
www.assistedlivinglocatorsrva.com

Chesterfield County Office of the Aging & Disability Services -----804-768-7878
9800 Government Center Parkway, Chesterfield, VA 23832
AgingServices@chesterfield.gov

Eldercare Locator-----800-677-1116
www.eldercare.gov

GeroPartners LLC -----(855) 998-4376
P.O. Box 1764, Midlothian, VA 23113
www.geropartners.com

Good Neighbor Community Services-----804-520-8005
7501 Boulders View Drive, Suite 601, Richmond, VA 23225 -----804-520-4555
www.goodneighborcommunityservices.com

Heaven Sent by Home Town Health Care -----804-526-3600
23 Dunlop Village Circle, Colonial Heights, VA 23834
www.heavensentservices.com

Home Helpers -----804-864-4258
715 Twinridge Lane, North Chesterfield, VA 23235
www.homehelpershomecare.com/richmond

Interim HealthCare -----804-340-6455
720 Moorefield Park Drive, Suite 301, North Chesterfield, VA 23236
www.interimhealthcare.com/RichmondVA

Jewish Family Services-----804-282-5644
6718 Patterson Avenue, Richmond, VA 23226
www.jfsrichmond.org

Lutheran Family Services-----804-288-0122
4901 Dickens Road, Suite 115, Richmond, VA 23230
<http://fsva.org>

Oasis Senior Advisors -----804-836-3046
2217 Flat Branch Court, Richmond, VA 23233
westrichmond.oasisenioradvisors.com

Senior Advocacy Management (Geriatric Care Management) -----804-355-0966
P.O. Box 3842, North Chesterfield, VA 23235

Senior Connections, The Capital Area Agency on Aging -----804-343-3000
24 East Cary Street, Richmond, VA 23219----- Toll Free 800-989-2286
www.seniorconnections-va.org

SeniorBridge Family Companies, Inc. -----804-282-0753
6802 Paragon Place, Suite 201, Richmond, VA 23230
www.seniorbridge.com

Sterling Geriatric Care Management ----- 804-943-4565
114 Pickwick Avenue, Colonial Heights, VA 23834

CEMETERIES

Bermuda Memorial Park-----804-530-1351
1901 Bermuda Hundred Road, Chester, VA 23836
www.bermudamemorialpark.com

Dale Memorial Park -----804-748-5843
10201 Newbys Bridge Road, Chesterfield, VA 23832
www.dalememorialpark.com

Sunset Memorial Park-----804-748-2166
2901 West Hundred Road, Chester, VA 23831
www.sunsetmemorialpark.com

CLOTHING AND THRIFT STORES

Clothing and general household goods are offered at reduced prices. Some agencies require a screening process to determine need. Some clothing is pre-owned.

Chesterfield-Colonial Heights Alliance for Social Ministry (CCHASM)
P. O. Box 1741, Chesterfield, VA 23832 -----804-796-2749
www.cchasm.org

Goodwill Industries, Inc.
6301 Midlothian Turnpike, Richmond, VA 23225 -----804-745-6300
8525 Midlothian Turnpike, North Chesterfield, VA 23235 -----804-320-6733
12160 Ironbridge Road, Chester, VA 23831 -----804-768-1215
11749 Hull Street Road, Midlothian, VA 23112 -----804-744-6375
1211 Alverser Drive, Midlothian, VA 23113 -----804-419-5863
1500 Boulevard, Colonial Heights, VA 23834 -----804-520-7122
www.goodwillvirginia.org

New Life Thrift Store-----804-276-9364
2501 Turner Road, Richmond, VA 23224
www.newlifethriftcenter.com

Salvation Army -----804-423-1620
11000 Midlothian Turnpike, Richmond, VA 23235
salvationarmyusa.org - Central Virginia area

COMMUNITY HEALTH CENTERS

Free clinics provide low-income, uninsured Virginians with free or low-cost health services. They depend on the generosity of volunteer physicians, nurses, dentists and other health professionals.

Access Now-----804-622-8145
www.accessnow.ramdocs.org

Center for Healthy Hearts -----804-359-9375
1200 West Cary Street, Richmond, VA 23220
www.centerforhealthyhearts.org

Cross Over Health Care Ministry (New Patients) -----804-521-8263
Cross Over Downtown, 108 Cowardin Avenue, Richmond, VA 23224 ----- 804-233-5016 x320
Cross Over West, 8600 Quiocassin Rd, Suite 105, Richmond, VA 23229 ----- 804-622-0803
www.crossoverministry.org

Health Brigade -----804-358-8538
1010 North Thompson Street, Richmond, VA 23230
www.healthbrigade.org

COMPANION SERVICES

These businesses provide a range of services from companion care to homemaker services. Many of these services support one's ability to remain independent in one's home by performing household chores and assisting with the activities of daily living (ADLs). Fees are typically charged; however, some may accept Medicare or Medicaid. Asking for references is suggested.

About You Concierge -----804-921-9942
14405 Silver Birch Court, Midlothian, VA 23112
www.aboutyouconcierge.com

Agape Companions -----804-320-1113
221 Ruthers Road, North Chesterfield, VA 23235
www.agapecompanions.com

Always Best Care Senior Services -----804-912-5688
10810 Hasty Lane, Suite 103, Midlothian, VA 23112
www.alwaysbestcarerichmondsouth.com

Brightstar Care of Richmond -----804-378-8686
7202 Glen Forest Drive, Suite 302, Richmond, VA 23226
www.brightstarcare.com

- ComForCare Home Care Helping Hands say Amen** -----804-454-0137
 11300 Iron Bridge Road, Suite C, Chester, VA 23831
www.comforcare.com/virginia/richmond-south
- Comfort Keepers** -----804-750-1123
 10833 Ridgefield Parkway, Richmond, VA 23238
www.comfortkeepers.com
- Companion Extraordinaire Nursing Network, Inc.** -----804-752-2205
 5311 Lakeside Avenue, Henrico, VA 23228
www.cenninc.com
- Executive Care**-----804-313-6343
 901 Moorefield Park Drive, Suite 103, North Chesterfield, VA 23236
www.southernrichmond.executivehomecare.com
- Hand 'n Heart Home Care Services**-----804-819-1755
 681 Hioaks Road, Richmond, VA 23225
www.handnheart.org
- Heart Home Care** -----804-614-6193
 1519 Huguenot Road, Suite 201, Midlothian, VA 23113
www.heartelderlycare.com
- Heaven Sent by Home Town Health Care** -----804-526-3600
 12900 Jefferson Davis Highway, Chester, VA 23831
www.heavensentservices.com
- Home Helpers** -----804-864-4258
 711 Twinridge Lane, North Chesterfield, VA 23235
www.homehelpershomecare.com/richmond
- Interim HealthCare** -----804-340-6455
 720 Moorefield Park Drive, Suite 301, North Chesterfield, VA 23236
www.interimhealthcare.com/RichmondVA
- Nurse Next Door Home Care**-----804-716-7195
 2214 Westwood Avenue, Henrico, VA 23230
www.nursenextdoor.com
- Seniors Helping Seniors**-----804-921-4280
 7400 Beaufont Springs Drive, Suite 300, North Chesterfield, VA 23235
www.seniorcarechesterfieldcountyva.com
- Synergy Home Care**-----804-299-3479
 11159 Air Park Road, Suite 4, Ashland, VA 23005
www.synergyhomecare.com

COUNSELING SERVICES

These agencies are focused on offering services surrounding mental health issues. They are available to individuals or their caregivers. Insurance, Medicare and Medicaid may be accepted. The services vary from immediate protection to referral to long-term care agencies.

Adult Protective Services, Chesterfield\Colonial Heights Dept. of Social Services

9501 Lucy Corr Circle, Chesterfield, VA 23832 -----804-748-1100
www.chesterfield.gov - Social Services

Alcoholics Anonymous, Richmond Intergroup, Inc. -----804-355-1212
www.aarichmond.org

AIAnon/AIAten Service Center -----757-499-1443
4968 Euclid Road, Virginia Beach, VA 23462
www.vaaanon.org

Chesterfield Mental Health Support Services-----804-748-1227
6801 Lucy Corr Blvd., Chesterfield, VA 23832
www.chesterfield.gov/mhss/

Chesterfield Mental Health Crisis Intervention (24/7) -----804-748-6356
www.chesterfield.gov – Emergency services

Dominion Behavioral Health Care

703 North Courthouse Road, Richmond, VA 23236 -----804-794-4482
5931 Harborpark Drive, Midlothian, VA 23112 -----804-639-1136
www.dbhhelp.com

Footsteps Counseling-----804-715-3215
Southside Nazarene Church, 6851 Courthouse Road, Suite 300, Chesterfield, VA 23832
www.footstepscounseling.com

GeroPartners LLC -----(855) 998-4376
P.O. Box 1764, Midlothian, VA 23113
www.geropartners.com

Good Neighbor Counseling -----804-520-8005
7501 Boulder View Drive, Suite 601, Richmond, VA 23225
www.goodneighborcommunityservices.com

Jewish Family Services-----804-282-5644
6718 Patterson Avenue, Richmond, VA 23226
www.jfsrichmond.org

Lutheran Family Services of Virginia -----804-288-0122
4901 Dickens Road, Suite 115, Richmond, VA 23230
www.lfsva.org

Women's Victim Advocacy Program (YWCA)----- Hotline 804-612-6126
6 North 5th Street, Richmond, VA 23219 ----- Info 804-643-6761
www.ywcarichmond.org

CRIME PREVENTION/CONSUMER PROTECTION

These agencies offer help in crime prevention and provide information regarding businesses one may consider using and help with settlement if a company does not honor its agreement.

Better Business Bureau -----804-648-0016
100 Eastshore Drive, Suite 100, Glen Allen, VA 23059
www.richmond.bbb.org

Better Business Bureau/Senior Fraud-----804-780-2222
100 Eastshore Drive, Suite 100, Glen Allen, VA 23059
www.richmond.bbb.org

Chesterfield County Cooperative Extension -----804-751-4401
Consumer/Credit, 9501 Lori Road, Chesterfield, VA 23832
www.chesterfield.gov

Chesterfield Police Department
Crime Prevention, Community Academy -----804-318-8699
2730 Hicks Road, North Chesterfield, VA 23235

Chesterfield Police, Fire & Rescue - Non-Emergency -----804-748-1251
www.chesterfield.gov

Chesterfield TRIAD -----804-768-7878
P. O. Box 40, Chesterfield, VA 23832
www.chesterfield.gov/triad

Office of the Attorney General (Consumer Protection Services Hotline) -----800-552-9963
202 North 9th Street, Richmond, VA 23219 ----- 804-786-2042
www.oag.state.va.us/consumer-protection/

Virginia Department of Agriculture & Consumer Services-----804-786-3523
102 Governor Street, Richmond, VA 23219
www.vdacs.virginia.gov

Virginia State Corporation Commission (Consumer Complaints on
Public Utilities, Insurance, Financial Institutions, Securities) ----- Toll Free 800-552-7945
P.O. Box 1197, Richmond, VA 23218
www.scc.virginia.gov

CRISIS INTERVENTION

These agencies are focused on emergency intervention and offer services surrounding mental health issues. They are available to individuals or their caregivers. Insurance, Medicare and Medicaid may be accepted. The services vary from immediate protection to referral to long-term care agencies.

Adult Protective Services -----804-748-1100

Chesterfield-Colonial Heights Department of Social Services

P. O. Box 430, 9501 Lucy Corr Circle, Chesterfield, VA 23832

www.chesterfield.gov - Social Services

Alcoholics Anonymous, Richmond Intergroup, Inc. -----804-355-1212

Chesterfield Department of Mental Health Services -----804-748-1227

6801 Lucy Corr Boulevard, Chesterfield, VA 23832 ----- TDD 804-768-7200

www.chesterfield.gov/mhss/

Chesterfield Domestic and Sexual Violence Resource Center

10111 Krause Road, Suite 210, P.O. Box 40, Chesterfield, VA 23832

Administrative: -----804-318-8265

Client Services: -----804-318-8264

www.chesterfield.gov/dsvrc

Crisis Intervention -----804-748-6356

6801 Lucy Corr Boulevard, Chesterfield, VA 23832

www.chesterfield.gov - Emergency services

Women's Victim Advocacy Program (YWCA)-----804-643-0888

6 North 5th Street, Richmond, VA 23219

www.ywcarichmond.org

DENTAL SERVICES

These programs offer information and services to meet dental needs. Some clinics offer services at a reduced rate and may require a screening to qualify.

Appomattox Area Health and Wellness Center -----804-733-5591

321-C Poplar Drive, Petersburg, VA 23805 (*Offers sliding scale on dental work*)

CrossOver Health Ministry -----804-233-5016

108 Cowardin Avenue, Richmond, VA 23224

Donated Dental Services -----804-264-9010

3460 Maryland Court, Suite 110, Richmond, VA 23233 (*by appointment*)

www.vdaf.org

VCU Dental Clinic-----804-828-9190

520 North 12th Street, Richmond, VA 23298

www.vcudentalcare.com

DISABILITY SERVICES

These programs offer services varying from adaptive devices, hearing aids, meal deliveries and other services available to adults with disabilities.

Department for Aging and Rehabilitative Services ----- Rehab 804-714-2021
720 Moorefield Park Drive, Suite 200, North Chesterfield, VA 23236 ----- **Aging 804-662-7000**
www.dars.org *Provides employment services for individuals with disabilities.*

disAbility Law Center of Virginia ----- 800-552-3962
1512 Willow Lawn Drive, Suite 100, Richmond, VA 23230 ----- **TTY/TDD: 804-225-2042**
www.dlcv.org

F.R.E.E. Foundation-----804-920-9828
6301 Midlothian Turnpike, Richmond, VA 23225
www.free-foundation.org

Good Neighbor Community Services-----804-520-8005
7501 Boulder View Drive, Suite 601, North Chesterfield, VA 23225
Provides the adult ID population with a more independent lifestyle.
www.goodneighbor.care

Greater Richmond Chapter of the American Red Cross -----804-780-2250
420 East Cary Street, Richmond, VA 23219
www.redcross.org/va/Richmond

Independent Capacity System -----804-520-7773
16015 Continental Boulevard, Colonial Heights, VA 23834
P. O. Box 3163, Petersburg, VA 23805
www.independentcapacitysystem.com

Meals on Wheels, Serving Central Virginia -----804-673-5035
1415 Rhoadmiller Street, Richmond, VA 23220
www.feedmore.org

Powell Orthotics and Prosthetics -----804-649-9043
2034 Dabney Road, Suite C, Richmond, VA 23230
www.powelloandp.com

Resources for Independent Living -----804-353-6503
4009 Fitzhugh Avenue, Suite 100, Richmond, VA 23230
www.ril-va.org

United Way of Greater Richmond and Petersburg -----804-771-5820
2001 Maywill Street, Suite 201, P. O. Box 11807, Richmond, VA 23230
Information & Referrals ----- **3-digit toll-free 211**
United Way does not provide direct services but will refer individuals to various organizations and agencies.
www.yourunitedway.org

Virginia Department for the Deaf and Hard of Hearing -----804-662-9502
1602 Rolling Hills Drive, Suite 203, Henrico, VA 23229-5012 -----800-552-7917
www.vddhh.org -----VP 804-325-1290

Virginia Voice -----804-266-2477
395 Azalea Avenue, P.O. Box 15546, Richmond, VA 23227
www.virginiavoice.org

DOMESTIC VIOLENCE (See Crisis Intervention)

DRIVER SAFETY (See Education)

EDUCATION

These programs are designed to expand one's knowledge and help develop new skills.

AARP Driver Safety Program (Refresher Course) ----- **General: 888-687-2277**
707 E. Main Street, Suite 910, Richmond, VA 23219 **In Virginia: 866-542-8164**
www.AARP.org/findacourse

Chesterfield County Public Schools – Adult Continuing Education-----804-768-6140
10101 Courthouse Road, Chesterfield, VA 23832
www.ace.mychesterfieldschools.com

GrandDriver (through Virginia Dept. for Aging and Rehabilitative Svcs.) -----804-662-7686
1610 Forest Avenue, Suite 100, Henrico, VA 23229 -----800-552-3402
www.GrandDriver.net

J. Sargeant Reynolds Community College -----804-371-3000
1651 East Parham Road, Richmond, VA 23228 -----804-523-6464
700 East Jackson Street, Richmond, VA 23219 -----804-523-6464
www.reynolds.edu

John Tyler Community College
Chester Campus: 13101 Jefferson Davis Highway, Chester, VA 23831 -----804-796-4000
Midlothian Campus: 800 Charter Colony Parkway, Midlothian, VA 23114-----804-594-1500
www.jtcc.edu

Lifelong Learning Institute in Chesterfield -----804-378-2527
13801 Westfield Road, P.O. Box 1090, Midlothian, VA 23113
www.llichesterfield.org

Road Scholar-----804-828-1525
The Virginia Center on Aging, Virginia Commonwealth University, Box 980229, Richmond, VA
23298-0229
www.vcoa.chp.vcu.edu

The Shepherd's Center of Chesterfield -----804-706-6689
P. O. Drawer 120, 6800 Lucy Corr Boulevard, Chesterfield, VA 23832
www.shepcenter.org

Thinking CAP Technologies -----804-928-3689
7305 Hancock Village Drive, Suite 508, Chesterfield, VA 23832
www.thinkingcaptechnologies.com

University of Richmond School of Professional and Continuing Studies ----804-287-6344
490 West Hampton Way, Richmond, VA 23173-----804-289-8133
www.osher.richmond.edu

Virginia Center on Aging, Virginia Commonwealth University -----804-828-1525
P. O. Box 980229, Richmond, VA 23298-0229
www.vcoa.chp.vcu.edu

Virginia Senior Services-----804-381-4604
10800 Midlothian Turnpike, Suite 129, Richmond, VA 23235
www.vaseniorservices.com

Virginia State University-----804-524-5000
Continuing Education-----804-524-5377
One Hayden Drive, Petersburg, VA 23806
www.vsu.edu

The Chesterfield Council on Aging meets monthly to discuss issues related to aging and quality of life for older adults and adults with disabilities in Chesterfield. Meetings are held on the fourth Thursday of each month, 9:00 a.m., in the Mast Auditorium at Lucy Corr, 6800 Lucy Corr Boulevard, Chesterfield.

EMERGENCY RESPONSE SYSTEMS

A personal emergency response system that allows independence to people who are at risk for injuries and accidents that may happen at home.

ADT -----877-473-9434

IVNA Health Watch -----804-355-7100

Nightingale Lifeline Services -----800-626-3311

Phillips Lifeline -----800-543-3546

Project Lifesaver -----804-318-8549

Richmond Alarm -----804-745-1800
14121 Justice Road, Midlothian VA 23113 -----804-745-1117
www.richmondalarm.com

EMPLOYMENT

These agencies offer information on possible job/volunteer opportunities for older adults

AARP Senior Community Service, Employment Program -----804-355-3600
1806 Chantilly Street, Suite 100, Richmond, VA 23230
www.aarp.org/foundation

Goodwill of Central Virginia, Chesterfield Employment Center -----804-745-6300
6301 Midlothian Turnpike, Richmond, VA 23225
www.goodwillvirginia.org

Senior Connections, The Capital Area Agency on Aging -----804-343-3000
24 East Cary Street, Richmond, VA 23219 -----800-989-2286
www.seniorconnections-va.org

Serving You Virginia -----804-814-2055
10307 West Broad Street, Suite 222, Glen Allen, VA 23060
www.ServingYouVirginia.com

Virginia Career Works -----804-652-3490
304 Turner Road, North Chesterfield, VA 23225 -----804-652-3480
www.vcwcapital.com

Virginia Employment Commission
3719 Saunders Avenue, Richmond, VA 23227 -----804-663-5400
5240 Oaklawn Boulevard, Hopewell, VA 23860
www.vec.virginia.gov

EYE GLASSES (See [Vision Services](#))

FINANCIAL ASSISTANCE AND COUNSELING

*These agencies offer counseling and advice, as well as opportunities to purchase services.
Some programs require a screening process to determine need.*

Assistive Technology Loan Fund Authority (ATLFA) -----866-835-5976
Low interest loan program for assistive technology ----- (Voice/TTY) 804-662-9000
www.atlfa.org

Chesterfield-Colonial Heights Alliance for Social Ministry (CCHASM)
P. O. Box 1741, Chesterfield, VA 23832 -----804-796-2749
www.cchasm.org

Chesterfield-Colonial Heights Dept. of Social Services -----804-748-1100
9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
www.chesterfield.gov - Social Services

ElderCare Solutions of VA, Inc. -----804-288-2654
9702 Gayton Road, Suite 130, Henrico, VA 23238

Financial Dynamics & Associates -----804-777-9999
4401 West Hundred Road, Chester, VA 23831
www.financialandestateplanning.com

Highstone Group Comprehensive Financial Services -----804-285-7010
4205 Dover Road, Richmond, VA 23221
www.highstonegroup.com

Senior Connections, The Capital Area Agency on Aging -----804-343-3000
24 East Cary Street, Richmond, VA 23219 ----- Toll Free: 800-989-2286
www.seniorconnections-va.org

Social Security Offices -----800-772-1213
13551 Waterford Place, Midlothian, VA 23112 -----877-773-7231
100 Poplar Drive, Petersburg, VA 23805 -----877-803-6322
www.socialsecurity.gov

Virginia Department of Veterans Services -----804-786-0286
Pocahontas Building, 6th Floor West Wing,
900 East Main Street, Richmond, VA 23219
www.dvs.virginia.gov

FITNESS/EXERCISE/RECREATION

These are facilities or groups that provide opportunities for fitness activity or recreation.

ACAC -----804-378-1600
11621 Robious Road, Midlothian, VA 23113
www.acac.com

Anthem Healthkeepers/Caremore ----- 1-888-649-5968
10030 Robious Road, Richmond, VA 23235
www.caremore.com

Chesterfield County Parks & Recreation Department -----804-748-1623
6801 Mimms Loop, P. O. Box 40, Chesterfield, VA 23832 ----- TDD: 804-748-1127
www.chesterfield.gov/parks

Lifelong Learning Institute of Chesterfield -----804-378-2527
13801 Westfield Road, P. O. Box 1090, Midlothian, VA 23113
www.llichesterfield.org

Sailing 4 All -----804-901-4301
P.O. Box 13405, Richmond, VA 23225
www.gosailing4all.org

SwimRVA -----804-271-8271
5050 Ridgedale Parkway, North Chesterfield, VA 23234
www.swimrichmond.org

The Shepherd's Center of Chesterfield -----804-706-6689
6800 Lucy Corr Boulevard, P. O. Drawer 170, Chesterfield, VA 23832
www.shepctrchesterfield.org

Sportable -----804-340-2991
1365 Overbrook Road, Room 2, Richmond, VA 23220
www.sportable.org

YMCA

Chester Branch-----804-748-9622
3011 West Hundred Road, Chester, VA 23831
www.chesterymca.org

Manchester Branch -----804-276-9622
7540 Hull Street Road, Richmond, VA 23235
www.manchesterfamilyymca.org

Midlothian Branch-----804-379-5668
737 Coalfield Road, Midlothian, VA 23114
www.midlothianymca.org

Swift Creek YMCA -----804-595-9622
15800 Hampton Park Drive, Chesterfield, VA 23832
www.swiftcreekymca.org

FOOD AND NUTRITION SERVICES

Home delivered meal programs can meet a variety of dietary and nutritional needs for the homebound older adult who is unable to prepare their own meals and has no one available to assist them. Some agencies provide food assistance to needy individuals or families; however, a screening criteria must be met to be eligible.

Chesterfield-Colonial Heights Alliance for Social Ministry (CCHASM)
P. O. Box 1741, Chesterfield, VA 23832 -----804-796-2749
(Mon.-Thurs., 8:30 a.m.-1:30 p.m.) www.cchasm.org

Chesterfield-Colonial Heights Department of Social Services-----804-748-1100
9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
www.chesterfield.gov

Crater District Area Agency on Aging -----804-732-7020
23 Seyler Drive, Petersburg, VA 23805 ----- Toll Free: 888-732-7020
www.CDAAA.org

Meals on Wheels of Greater Richmond -----804-673-5035
1415 Rhoadmiller Street, Richmond, VA 23220
www.feedmore.org

New Life Thrift Store Food Pantry (Tuesdays) -----804-276-9364
2501 Turner Road, Richmond, VA 23224

Senior Connections, The Capital Area Agency on Aging ----- 804-343-3000
24 East Cary Street, Richmond, VA 23219 -----800-989-2286
www.seniorconnections-va.org

FRIENDLY VISITING

Volunteers visit older adults to provide friendship and help reduce the risk of isolation.

Visiting Volunteers, A Service of Family Lifeline -----804-249-9343
2325 West Broad Street, Richmond, VA 23220
www.familylifeline.org/older-adults

FUEL ASSISTANCE

These programs provide financial assistance to qualified recipients. Funds are limited and are only available to pay for fuel expenses.

Chesterfield-Colonial Heights Dept. of Social Services -----804-748-1100
9501 Lucy Corr Circle, P.O. Box 430, Chesterfield, VA 23832
www.chesterfield.gov

Salvation Army -----804-225-7470
2 West Grace Street, Richmond, VA 23220
www.richmondssalvationarmy.org

FUNERAL HOMES

Bennett Funeral Homes -----804-639-4975
14301 Ashbrook Parkway, Chesterfield, VA 23832
www.bennettfuneralhomes.com

Bliley's Funeral Home-----804-355-3800
6900 Hull Street Road, Richmond, VA 23224
www.blileys.com

JT Morriss & Son, Inc.-----804-748-2500
3050 West Hundred Road, Chester, VA 23831
www.Jtmorriss.com

Morrissett Funeral & Cremation Service-----804-275-7828
6500 Iron Bridge Road, North Chesterfield, VA 23234
www.morrissett.com

Woody Funeral Home & Cremation Services, Huguenot Chapel-----804-794-1000
1020 Huguenot Road, Midlothian, VA 23113
www.woodyfuneralhomehuguenot.com

HANDYMAN AND HOME REPAIR SERVICES

Allstar Floring and Construction, Inc. -----804-920-3745
5451 River Road West, Goochland, VA. 23063

Fixer Upper Coach -----804-505-0660
2133 Loch Braemer Drive, North Chesterfield, VA 23236
www.fixeruppercoach.com

HomeKeepers, LLC -----804-750-1166
8501 Patterson Avenue, Richmond, VA 23229
www.homekeepers.org

The Shepherd's Center of Chesterfield -----804-706-6689
P. O. Drawer 170, 6800 Lucy Corr Boulevard, Chesterfield, VA 23832
www.shepctrchesterfield.org

HEALTH ORGANIZATIONS

Each organization offers educational information, support groups and guidance pertaining to its specific disease. Many health organizations offer speakers for groups or clubs.

ALS -----301-978-9855
30 West Gude Drive, Suite 150, Rockville, MD 20850
www.ALSInfo.org

Alzheimer's Association, Greater Richmond Chapter-----804-967-2580
4600 Cox Road, Suite 130, Glen Allen, VA 23060 ----- 24/7 Help Line 800-272-3900
www.alz.org/grva

American Cancer Society-----800-227-2345
4240 Park Place Court, Glen Allen, VA 23060 -----804-527-3700
www.cancer.org

American Heart Association -----804-747-8334
4217 Park Place Court, Glen Allen, VA 23060 -----800-242-8721
www.heart.org

American Lung Association -----717-971-1129
9702 Gayton Road, Suite 110, Richmond, VA 23238
www.lungusa.org/virginia

Anthem Healthkeepers/Caremore-----804-212-3450
10030 Robious Road, North Chesterfield, VA 23235
www.caremore.com

Arthritis Foundation, Virginia Chapter -----804-446-6897
1506 Willow Lawn Drive, Richmond, VA 23230 -----804-665-9950
www.arthritis.org/virginia

CancerLINC -----804-562-0371
P. O. Box 73281,
1423 Johnston Willis Drive, North Chesterfield, VA 23235
www.cancerlinc.org

Dispatch Health-----804-495-0053
7200 Glen Forest Drive, Richmond, VA 23226
www.dispatchhealth.com

Instructive Visiting Nurse Association (IVNA)-----804-355-7100
5008 Monument Avenue, Richmond, VA 23230
www.ivna.org

National Cancer Institute – Cancer Information Services -----800-422-6273
www.cancer.gov -----800-4CANCER

National Multiple Sclerosis Society, Virginia/West Virginia Chapter -----804-353-5008
4200 Innslake Drive, Suite 301, Glen Allen, VA 23060
www.nationalmssociety.org

Unitedhealthcare, Kittygayle McMoon-----804-334-1228
101 N Pinetta, #35975, North Chesterfield, VA 23235

HEARING SERVICES

*These programs offer information and resources to help deal effectively with hearing issues.
In some cases, assistive devices may be provided.*

Connect Hearing -----804-796-3210
3610 Festival Park Plaza, Suite A, Chester, VA 23831
www.connecthearing.com

Deaf and Hard of Hearing Community Counseling Service-----804-282-1943
1503 Santa Rosa Road, Suite 211, Richmond, VA 23229
www.challengediscoveryprojects.org

Department for the Deaf and Hard of Hearing -----800-552-7917
1602 Rolling Hills Drive, Suite 203, Henrico, VA 23229-5012 -----804-662-9502
www.vddhh.org

Hearing at Home -----844-543-2782
590 Neff Ave, Harrisonburg, VA 22801
www.Hearingathome.com

Hearing Life-----804-272-6004
9220 Forest Hill Avenue, Suite A-4, Richmond, VA 23235
www.hearinglife.com

Hearing Solutions -----804-794-9087
14408 Sommerville Court, Midlothian, VA 23113
www.hearingsolutions.us

Live Better Hearing-----804-739-0031
4828 Market Square Lane, Midlothian, VA 23112
www.livebetterhearing.com

HOME HEALTH CARE

These agencies provide a range of home-based care services from companion care to skilled nursing care. Many of these services support one's ability to remain at home by performing household chores and assisting with the activities of daily living (ADLs). Fees are typically charged; however, some may accept Medicare or Medicaid.

Always Best Care Senior Services -----804-912-5688
10810 Hasty Lane, Suite 103, Midlothian, VA 23112
www.alwaysbestcarerichmondsouth.com

Amedisys Home Health-----800-313-4353
4589 Lifestyle Lane, Midlothian, VA 23112-----804-639-7903
www.amedisys.com

At Home Care
4116 Fitzhugh Avenue, Richmond, VA 23230
Richmond-----804-359-3400
Tri-Cities -----804-524-0062
www.athomecare.com

Brightstar Care of Richmond -----804-378-8686
7202 Glen Forest Drive, Suite 302, Richmond, VA 23226
www.brightstarcare.com

Care Advantage -----804-323-9464
Tri-Cities -----804-520-5454
Richmond/West End -----804-285-1212
Southside, 10041 Midlothian Tnpk., North Chesterfield, VA 23235-----804-323-9667
www.careadvantage.com

CareMed, Chesterfield
7300 Hull Street Road, North Chesterfield, VA 23235 -----804-674-7130
www.caremedcares.com

Chesterfield-Colonial Heights Department of Social Services-----804-748-1100
P. O. Box 430, 9501 Lucy Corr Circle, Chesterfield, VA 23832

ComForCare Senior Services, Richmond South-----804-454-0137
11300 Iron Bridge Road, Suite C, Chester, VA 23831
www.comforcare.com/virginia/richmond-south

Comfort Keepers -----804-750-1123
10833 Ridgefield Parkway, Henrico, VA 23233
www.comfortkeepers.com

Companion Extraordinaire Nursing Network, Inc. -----804-752-2205
5111 Lakeside Avenue, Henrico, VA 23228
www.cenninc.com

Content Family Services -----804-416-5056
9702 Gayton Road, Suite 209, Henrico, VA 23238

Encompass Health -----804-377-1188
100 Gateway Center Parkway, Suite 205A, Richmond, VA 23235
www.encompasshealth.com

Encompass Home Health -----804-541-6224
34 Medical Park Boulevard, Suite G, Petersburg, VA 23805
www.encompasshealth.com

Executive Care-----804-313-6343
901 Moorefield Park Drive, Suite 103, North Chesterfield, VA 23236
www.southernrichmond.executivehomecare.com

Family Lifeline -----804-282-4255
1518 Willow Lawn Drive, Richmond, VA 23230
www.familylifeline.org

Hand ‘n Heart Home Care Services-----804-819-1755
681 Hioaks Road, Richmond, VA 23225
www.handnheart.org

Heart Home Care-----804-614-6193
1519 Huguenot Road, Suite 201, Midlothian, VA 23113
www.heartelderlycare.com

Heaven Sent by Home Town Health Care -----804-526-3600
12900 Jefferson Davis Highway, Chester, VA 23831
www.heavensentservices.com

Home Helpers -----804-864-4258
711 Twinridge Lane, North Chesterfield, VA 23235
www.homehelpershomecare.com/richmond

Independence Senior Care -----804-288-1616
721 Twinridge Lane, North Chesterfield, VA 23235
www.iscrichmond.com

Interim HealthCare -----804-340-6455
720 Moorefield Park Drive, Suite 301, North Chesterfield, VA 23236
www.interimhealthcare.com/RichmondVA

Intrepid Hospice & Home Health -----804-318-5371
2430 Southland Drive, Suite B, Chester, VA 23831
www.IntrepidUSA.com

Jewish Family Services-----804-282-5644
6718 Patterson Avenue, Richmond, VA 23226
www.jfsrichmond.org

Kindred At Home-----804-672-7500
7113 Three Chopt Road, Suite 201, Richmond, VA 23226
www.gentiva.com

Maxim Health Care Services -----804-355-9800
4235 Innslake Drive, Suite 200, Glen Allen, VA 23060
www.maximhomecare.com

Medicaid Personal Care Agencies -----800-552-3402
These agencies utilize Medicaid funding to provide services in your home -----804-662-9333

Nurse Next Door Home Care-----804-716-7194
2214 Westwood Avenue, Henrico, VA 23230
www.nursenextdoorrva.com

Options for Senior America -----804-673-6730
8100 Three Chopt Road, Suite 233, Richmond, VA 23229
www.optionscorp.com

SeniorBridge, Humana at Home -----804-282-0753
6802 Paragon Place, Suite 201, Richmond, VA 23230
www.seniorbridge.com

Senior Connections, The Capital Area Agency on Aging -----804-343-3000
24 East Cary Street, Richmond, VA 23219-----800-989-2286
www.seniorconnections-va.org

Synergy Home Care-----804-299-3479
11159 Air Park Road, Suite 4, Ashland, VA 23005
www.synergyhomecare.com

Visiting Angels-----804-423-6500
2405 Dovercourt Drive, Midlothian, VA 23113
www.visitingangels.com

HOSPICE CARE

Besides providing personalized care for the loved one, these programs focus on support to the entire family system, ranging from counseling to nursing services. For the family, they provide services that range from grief counseling to management of day-to-day activities. These services can be provided in the home or in a nursing or convalescent center. Funding is typically covered by insurance, Medicare or Medicaid.

Bon Secours Hospice -----804-627-5360
8580 Magellan Parkway, Building IV, Richmond, VA 23227
www.bonsecours.com/hospice

Crater Community Hospice -----804-526-4300
3916 South Crater Road, Petersburg, VA 23805
www.cratercommunityhospice.org

Hospice Community Care-----800-409-9094
10128 West Broad Street, Suite J, Glen Allen, VA 23060
<https://hospice.io/care/hospice-community-care-llc-glen-allen-va/>

Hospice of Virginia
2235 Staples Mill Road, Suite 100, Richmond, VA 23230
Richmond -----804-281-0451
In-patient Unit at Retreat Hospital -----804-200-1810
<http://hospiceofvirginia.com/>

Intrepid Hospice -----804-318-5371
2430 Southland Drive, Suite B, Chester, VA 23831
www.intrepidusa.com

Kindred Hospice -----804-290-4300
1602 Rolling Hills Dr, Suite 204, Richmond, VA 23229
595 Old Wagner Road, Suite E, Petersburg, VA 23805 ----- 804-504-0031
www.gentiva.com

Medi Home Hospice-----804-282-4301
4461 Cox Road, Suite 100, Glen Allen, VA 23060
www.medicalservicesofamerica.com

New Century Hospice -----804-353-2702
808 Moorefield Park Drive, Suite 113, Richmond, VA 23236
www.newcenturyhospice.com

Palliative Care at Massey Cancer Center at VCU -----804-828-9992
1300 East Marshall Street, Richmond, VA 23298
massey.vcu.edu/patient-care/therapies/palliative-care/

HOSPITALS

These hospitals offer a wide variety of inpatient and outpatient services. Some may have branch offices providing services such as dialysis, emergency care, and specialty services. Some hospitals may have their own skilled care units.

Bon Secours Hospitals, www.bonsecours.com

Memorial Regional Medical Center -----804-764-6000

8260 Atlee Road, Mechanicsville, VA 23116

Richmond Community Hospital -----804-225-1700

1500 North 28th Street, Richmond, VA 23223

St. Francis Medical Center -----804-594-7300

13710 St. Francis Boulevard, Midlothian, VA 23114

St. Mary's Hospital -----804-285-2011

5801 Bremono Road, Richmond, VA 23226

HCA Virginia Hospitals

CJW Medical Center, www.cjwmedical.com

Chippenham Hospital -----804-320-3911

7101 Jahnke Road, Richmond, VA 23225

Johnston Willis Hospital -----804-330-2000

1401 Johnston Willis Drive, North Chesterfield, VA 23235

Henrico Doctor's Hospital, www.henricodoctors.com

Forest Hospital -----804-289-4500

7605 Forest Avenue, Richmond, VA 23229

Parham Hospital -----804-747-5600

7700 East Parham Road, Richmond, VA 23294

Retreat Hospital -----804-254-5100

2621 Grove Avenue, Richmond, VA 23220

John Randolph Medical Center, www.johnrandolphmed.com

411 West Randolph Road, Hopewell, VA 23860 -----804-541-1600

Encompass Health Rehabilitation Hospital of Petersburg -----804-504-8100

95 Medical Park Boulevard, Petersburg, VA 23805 -----804-504-8203

<https://www.encompasshealth.com/petersburgrehab>

Sheltering Arms Physical Rehabilitation Center -----804-764-1000

Hanover Campus: 8254 Atlee Road, Mechanicsville, VA 23116

Midlothian Campus: 13700 St. Francis Blvd. Suite 400, Midlothian VA 23114

www.shelteringarms.com

Southside Regional Medical Center -----804-765-5000

200 Medical Park Boulevard, Petersburg, VA 23805

www.srmconline.com

St. Francis Watkins Centre Emergency-----804-594-2100
601 Watkins Center Parkway, Midlothian, VA 23114
Free standing 24/7 emergency department.

Stony Point Surgery Center-----804-775-4500
8700 Stony Point Parkway, Suite 100, Richmond, VA 23235
www.stonypointsc.com

VCU Medical Center-----804-828-9000
1250 East Marshall Street, Richmond, VA 23219
www.vcuhealth.org

Veterans Administration McGuire Hospital-----804-675-5000
1201 Broad Rock Boulevard, Richmond, VA 23249
www.richmond.va.gov

HOUSING ASSISTANCE

These programs offer a variety of housing options, with some providing short-term emergency housing. Some can provide information regarding long-term housing options.

American Red Cross (Disaster Victims)-----804-780-2250
Greater Richmond Chapter, 420 East Cary Street, Richmond, VA 23219
www.redcross.org/va/richmond

Community Development Block Grant Office-----804-318-8866
9901 Lori Road, Chesterfield, VA 23832

Good Neighbor Community Services-----804-520-8005
798 Southpark Boulevard, Suite 16, Colonial Heights, VA 23834
Provides the adult ID population with a more independent lifestyle
www.goodneighborcommunityservices.com

HOME (Housing Opportunities Made Equal)-----804-354-0641
626 East Broad Street, Suite 400, Richmond, VA 23219
www.homeofva.org

ProjectHomes, 88 Carnation Street, Richmond, VA 23225-----804-233-2827
www.projecthomes.org

Seniors Guide-----804-674-5004
711 Moorefield Park, Suite H, North Chesterfield, VA 23236
www.seniorsguide.com

United Way (shelter referrals)-----804-771-5820
www.211virginia.org

Urban League of Greater Richmond
1420 Hull Street, Building B3, Richmond, VA 23224
www.urbanleaguerichmond.org

Women's Victim Advocacy Program (YWCA) ----- Hotline 804-612-6126
6 North 5th Street, Richmond, VA 23219 -----804-643-6761
www.ywcarichmond.org

HOUSING OPTIONS

IL- Independent Living: *A facility in which residents perform all daily activities independently without requiring the assistance of another person and take medication without requiring the assistance of another person.*

AL- Assisted Living: *Congregate residential setting that provides or coordinates personal and health care services and assistance for adults who may have physical or mental impairments and require at least moderate assistance with daily activities.*

SNF – Skilled Nursing Facility: *These are licensed facilities that provide skilled needs, including assistance with personal care and nursing supervision. A screening process is required. Stays may be short term for rehabilitation services or long-term for life support services.*

ALZ - Alzheimer's/Dementia Care: *Designed to assist those individuals with memory impairments.*

R - Respite/Short Term Care: *Services provided for maintenance and care of the older adult, infirmed, or disabled adults for temporary periods of time, regularly or intermittently.*

PR – Personal Referral Service: *These organizations offer a free, personalized service that assists in locating the right housing option.*

A Helping Hand Senior Care Services -----804-486-9177
Serving Chesterfield & Greater Richmond ----- PR
www.AHelpingHandVA.com

Always Best Care Senior Services -----804-912-5688
10810 Hasty Lane, Suite 103, Midlothian, VA 23112 ----- PR
www.alwaysbestcarerichmondsouth.com

Assisted Living Locators of Greater Richmond -----804-643-2600
10440 Greglynn Road, North Chesterfield, VA 23236 -----IL, AL, ALZ, R, PR
www.assistedlivinglocatorsrva.com

Atlantic at Charter Colony -----804-378-9919
550 Coalfield Road, Midlothian, VA 23114 -----IL
www.mychartercolonyapts.com

Bickford Assisted Living and Memory Care -----804-594-7055
11200 West Huguenot Road, Midlothian, VA 23113 -----AL, ALZ
www.enrichinghappiness.com

Bonview Rehabilitation and Healthcare-----804-320-7901
7246 Forest Hill Avenue, Richmond, VA 23225----- SNF, R
www.consulatehealthcare.com

Brandermill Woods Health Care Center-----804-379-7100
2100 Brandermill Parkway, Midlothian, VA 23112----- AL, SNF, ALZ, R
www.brandermillwoods.com

Brandermill Woods Retirement Community -----804-744-1173
14311 Brandermill Woods Trail, Midlothian, VA 23112 -----IL
www.brandermillwoods.com

Brighter Living Assisted Living-----804-458-5830
5301 Plaza Drive, Hopewell, VA 23860 -----AL, R
<http://www.brighter-living.com>

Brighter Living Sunflower Gardens -----804-452-5000
5305 Plaza Drive, Hopewell, VA 23860 -----ALZ
www.sunflower-gardens.com

Brookdale Midlothian-----804-897-8884
14016 Turnberry Lane, Midlothian, VA 23113 -----IL, AL, ALZ, R
www.brookdale.com/en/communities/brookdale-midlothian.html

Chester Village Apartments -----804-425-1200
11701 Chester Village Drive, Chester, VA 23831
www.chestervillageseniors.com -----IL

Chesterfield Heights -----804-302-6550
901 Madrona Street, Midlothian, VA 23114 -----IL
www.seniorlivinginstyle.com

Colonial Heights Health Care Center -----804-526-6851
831 East Eilerslie Avenue, Colonial Heights, VA 23834 -----SNF, ALZ
www.colonialheightshealthcare.com

Courthouse Senior Apartments -----804-796-9191
6500 Fore Circle, Chesterfield, VA 23832 -----IL

Crossings at Bon Air -----804-560-1440
9100 Bon Air Crossings Drive, North Chesterfield, VA 23235 ----- IL, AL, ALZ
www.thecrossingsatbonair.com

Crossings at Ironbridge -----804-748-7000
6701 Ironbridge Parkway, Chester, VA 23831 -----AL, ALZ, R
<http://www.thecrossingsatironbridge.com/>

Dunlop House Assisted Living-----804-520-0050
235 Dunlop Farms Boulevard, Colonial Heights, VA 23834 -----AL, ALZ, R
www.dunlophouse.com

Ginter Hall South Assisted Living -----804-794-7770
11300 Mall Court, North Chesterfield, VA 23235 -----AL, ALZ, R
www.ginterhall.com

Heritage Oaks -----804-323-3800
1100 German School Road, Richmond, VA 23225 -----IL
www.heritageoaksseniorliving.com

Hopewell Health Care Center -----804-458-6325
905 Cousins Avenue, Hopewell, VA 23860 -----SNF
<http://www.care-virginia.com/locations/hopewell-health-care-center/>

Independent Living at Lucy Corr -----804-425-2900 or 804-748-1511
6653 Roundabout Way, Chesterfield, VA 23832 -----IL
www.lucycorr.org

Laurels of Bon Air -----804-521-9980
9101 Bon Air Crossings Drive, North Chesterfield, VA 23235 -----SNF, R
www.laurelsofbonair.com

Laurels of Willow Creek -----804-379-4771
11611 Robious Road, Midlothian, VA 23113 -----SNF, R
www.laurelsofwillowcreek.com

Lucy Corr -----804-748-1511
P. O. Drawer 170, 6800 Lucy Corr Boulevard, Chesterfield, VA 23832
www.lucycorr.org -----IL, AL, SNF, ALZ, R

Magnolias of Chesterfield -----804-778-7777
6701 Court Yard Road, Chester, VA 23831 -----AL, ALZ, R
www.meridiansenior.com/community/chesterfield

Market Square -----804-279-0133
7300 Taw Street, Richmond, VA 23237 -----IL

Monarch Woods -----804-320-4301
6501 Jahnke Road, Richmond, VA 23225 -----IL
www.bhcmanagement.org

Morningside at Bellgrade -----804-379-2800
2800 Polo Parkway, Midlothian, VA 23113 -----AL, ALZ, R
www.morningsideofbellgrade.com

Oasis Senior Advisors -----804-836-3046
2217 Flat Branch Court, Richmond, VA 23233 -----PR
www.westrichmond.oasissenioradvisors.com

Park at Ridgedale -----804-271-4166
5001 Ridgedale Parkway, Suite 107, Richmond, VA 23234 -----IL

Phoenix Senior Living (The Pearl at Watkins Centre)-----804-893-0067
650 Watkins Centre Parkway, Midlothian, VA 23113-----ALZ, R
www.phoenixsrliving.com

Riverview on the Appomattox Health and Rehab Center-----804-541-1445
201 Epps Street, Hopewell, VA 23860-----SNF, ALZ
www.riverview-rehab.com

Rockwood Village-----804-745-0911
3901 Price Club Boulevard, Midlothian, VA 23112-----IL
www.bhcmanagement.org

Seniors Guide -----804-674-5004
711 Moorefield Park, Suite H, North Chesterfield, VA 23236-----IL, AL, SNF, ALZ, R
www.seniorguide.com

Spring Arbor of Salisbury-----804-897-2727
14001 Turnberry Lane, Midlothian, VA 23113-----AL, ALZ
www.springarborliving.com/locations/midlothian-va.htm

St. Francis Home-----804-231-1043
65 West Clopton Street, Richmond, VA 23225-----AL
www.saintfrancishome.com

Sunrise Assisted Living at Bon Air-----804-560-7707
2105 Cranbeck Road, North Chesterfield, VA 23235-----AL, ALZ, R
www.sunrisebonair.com

Symphony Manor of Richmond-----804-396-2414
12411 Gayton Road, Richmond, VA 23238-----AL, ALZ
www.symphonyrichmond.com

The Memory Center, Richmond-----804-378-5100
13800 Bon Secours Drive, Midlothian, VA 23114-----ALZ
www.thememorycenter.com

The Towers-----804-320-1412
350 Hioaks Road, Richmond, VA 23225-----IL, AL, ALZ, R
www.towers.net

The Traway Home (Synergy Community Supports)-----804-745-1157
8001 Traway Court, North Chesterfield, VA 23235-----AL, R
www.synergy4assistedliving.com

Totty Place Residential -----804-526-6921
3500 Totty Street, South Chesterfield, VA 23803-----AL

Tyler's Retreat at Ironbridge -----804-706-1023
12001 Ironbridge Road, Chester, VA 23831-----SNF
www.saberhealth.com

Virginian -----804-330-4252
300 Twinridge Lane, North Chesterfield, VA 23235-----IL
www.holidaytouch.com/Our-Communities/the-virginian.aspx

INFORMATION AND REFERRAL SERVICES

*These programs are available to provide information and referrals to services and resources.
Some of the agencies provide direct services.*

211 Virginia ----- 211
2001 Maywill Street, Suite 201, Richmond, VA 23230 -----800-230-6977
www.211virginia.org

Cancer Hotline -----800-422-6237

Chesterfield-Colonial Heights Dept. of Social Services -----804-748-1100
9501 Lucy Corr Circle, P. O. Box 40, Chesterfield, VA 23832

Chesterfield County Office of the Senior Advocate -----804-768-7878
P. O. Box 40, 9800 Government Center Parkway, Chesterfield, VA 23832
www.chesterfield.gov/seniorservices

Chesterfield Domestic and Sexual Violence Resource Center
10111 Krause Road, Suite 210, P.O. Box 40, Chesterfield, VA 23832
Administrative: -----804-318-8265
Client Services: -----804-318-8264
www.chesterfield.gov/dsvrc

Chesterfield Fire & EMS Mobile Integrated Healthcare/Community Paramedic Program
6731 Mimms Loop, P.O. Box 40, Chesterfield, VA 23832-----804-706-2587

Citizens Assistance Office-----804-646-7000
900 East Broad Street, Room 109, Richmond, VA 23219
www.richmondgov.com

Eldercare Locator-----800-677-1116
www.eldercare.gov

Fixer Upper Coach -----804-505-0660
2133 Loch Braemer Drive, North Chesterfield, VA 23236
www.fixeruppercoach.com

Legal Information Network for Cancer (LINC) -----804-272-5462
P. O. Box 73281, 1459 Johnston Willis Drive, North Chesterfield, VA 23235-----877-644-5462
Free legal services, debt management services and referral to community resources
www.cancerlinc.org

Physician Referral – All Bon Secours ----- 804-359-WELL/804-359-9355
5801 Bremo Road, Richmond, VA 23226

Physician Referral/Consult a Nurse with HCA Hospitals -----804-320-3627/800-257-0944

Physician Referral - VA Dept. for Aging & Rehabilitative Services -----804-662-7000

8004 Franklin Farms Drive, Richmond, VA 23229 -----800-552-5019

www.vadars.org

Senior Connections, The Capital Area Agency On Aging -----804-343-3000

24 East Cary Street, Richmond, VA 23219 -----800-989-2286

www.seniorconnections-va.org

Seniors Guide -----804-674-5004

711 Moorefield Park, Suite H, North Chesterfield, VA 23236

www.seniorguide.com

United Way Information and Referral Center/2-1-1 Virginia Helpline ----- Dial 211

www.yourunitedway.org

Virginia Department for Aging and Rehabilitative Services -----804-662-9333

1610 Forest Avenue, Suite 100, Richmond, VA 23229 -----800-552-3402

www.vadars.org

KINSHIP PROGRAM

These organizations offer support for Grandparents and older family members raising a child

Kinship/Grandparent Connection -----804-768-7878

9800 Government Center Parkway, Chesterfield, VA

Support Group for Grandparents or older relatives raising a child.

www.chesterfield.gov/199/kinship-grandparent-connection

Senior Connections, The Capital Area Agency on Aging -----804-343-3000

24 East Cary Street, Richmond, VA 23219 -----800-989-2286

School Mentoring Program, Foster Grandparents

www.seniorconnections-va.org

LEGAL SERVICES

These programs provide a wide variety of legal services. Some provide legal services and some provide general information regarding your legal rights. None of these should be considered as a substitute for personal legal counsel.

AARP www.aarp.org -----888-687-2277

American Civil Liberties Union of Virginia -----804-644-8022

701 E. Franklin Street, Suite 1412, Richmond, VA 23219

www.acluva.org

Carrell Blanton Ferris & Associates, PLC -----804-285-7900

7275 Glen Forest Drive, Suite 310, Richmond, VA. 23226

www.carrellblanton.com

Central Virginia Legal Aid Society -----804-648-1012
101 West Broad Street, Suite 101, P.O. Box 12206, Richmond, VA 23220 -----800-868-1012
www.cvlas.org

CMG Foundation -----804-254-2664
9100 Arboretum Parkway, Suite 190, North Chesterfield, VA 23236
www.cmg-foundation.org/

Commonwealth Mobile Notary -----804-314-2257
P.O. Box 74212, North Chesterfield, VA 23236
www.commonwealthmobilenotaryva.com

Equal Employment Opportunity Commission -----804-771-2200
400 North 8th Street, Suite 350, Richmond, VA 23219-----800-669-4000
www.eeoc.gov ----- TTY 800-669-6820

Legal Information Network for Cancer (LINC) ----- 804-272-5462, ext. 4
P. O. Box 73281, 1459 Johnston Willis Drive, North Chesterfield, VA 23235-----877-644-5462
www.cancerlinc.org

National Association for the Advancement of Colored People-----804-321-5678
(NAACP) P. O. Box 27212, Richmond, VA 23261
<http://vsrnaacp.com>

Serving You Virginia-----804-814-2055
10307 West Broad Street, Suite 222, Glen Allen, VA 23060
www.ServingYouVirginia.com

Virginia Lawyer Referral Service -----804-775-0808
1111 East Main Street, Suite 700, Richmond VA 23219 -----800-552-7977
www.vsb.org/vlrs.net ----- TTY 804-775-0502

Disability Law Center of Virginia -----800-552-3962
1512 Willow Lawn Drive, Suite 100, Richmond, VA 23230 -----804-225-2042
www.dlcv.org

Virginia Poverty Law Center -----804-782-9430
700 East Main Street, Suite 1410, Richmond, VA 23219
www.vplc.org

MEALS (See Food and Nutrition Services)

MEDICAL SUPPLIES AND EQUIPMENT

These organizations specialize in providing equipment to help one function as independently as possible. The equipment varies from hospital style to assistive items for simple tasks. Some agencies have medical equipment that they will loan to qualified persons. Donations of good quality used equipment are always welcomed. These companies may accept insurance, Medicare, Medicaid and cash.

American Cancer Society -----800-227-2345

4240 Park Place Court, Glen Allen, VA 23060

www.cancer.org

Amramp -----804-564-4973

P. O. Box 4163, Glen Allen, VA 23058 -----800-649-5215

www.amramp.com

Apria Healthcare -----804-553-4964

2808 East Parham Road, Richmond, VA 23228

www.apriahealthcare.com

Buford Road Pharmacy, Inc-----804-272-1423

2608 Buford Road, North Chesterfield, VA 23235

www.bufordrx.com

Capital Medical Supply -----804-353-0707

2233 Tomlynn Street, Richmond, VA 23230

www.capitalmedicalsupply.com

Clay Home Medical-----804-861-1606

3333 South Crater Road, Petersburg, VA 23805

www.clayhomemedical.com

FREE (Foundation for Rehabilitation Equipment & Endowment)-----804-920-9828

6301 Midlothian Turnpike, Richmond, VA 23225 www.free-foundation.org/

Provides equipment that helps people achieve and maintain mobility and independence to people in need at no cost.

Freedom Respiratory -----804-266-2002

2852 East Parham Road, Henrico, VA 23228

www.aerocareusa.com

Home Care Delivered, Inc -----800-867-4412

11013 West Broad Street, 4th Floor, Glen Allen, VA 23060 -----866-332-4193

www.hcd.com

Lincare Inc -----804-355-2323

2801 Ackley Avenue, Henrico, VA 23228

www.lincare.com

Med-Inc -----804-674-6688
9100 Arborteam Parkway, North Chesterfield, VA 23236
www.medinc.net

Mobility Supercenter -----804-231-7774
7450 Midlothian Turnpike, North Chesterfield, VA 23225
www.mobilitysupercenter.com

Mobility Works -----804-233-8267
232 East Belt Boulevard, Richmond, VA 23224
www.mobilityworks.com

Powell Orthotics and Prosthetics -----804-649-9043
2034 Dabney Road, Suite C, Richmond, VA 23230
www.powelloandp.com

Richmond Respiratory and Medical Supply -----804-745-9677
1108 Courthouse Road, Suite D, North Chesterfield, VA 23236
www.richmondrespiratory.com

Rite Aid Pharmacy-----804-748-9040
2600 Weir Place, Chester, VA 23831
www.riteaid.com

Virginia Department for Aging and Rehabilitative Services -----804-662-9990
Virginia Assistive Technology System (VATS) -----800-435-8490
8004 Franklin Farms Drive, Richmond, VA 23229 -----800-552-5019
www.vars.org -----804-662-7000

West Home Health -----804-353-7703
2026 Dabney Road, Richmond, VA 23230
www.whhci.com

MEDICARE, MEDICARE ADVANTAGE AND MEDICAID

Applications are required and may take up to 45 days for approval. Definite criteria must be met before approval. If you need to apply for Medicaid contact your local Department of Social Services.

Anthem Healthkeepers/Caremore-----1-888-649-5968
10030 Robious Road, North Chesterfield, VA 23235
www.caremore.com

Benefinder-----804-381-4604
10800 Midlothian Turnpike, Suite 129, North Chesterfield, VA 23235
www.benefinder.com

Centers for Medicare and Medicaid Services -----800-633-4227
www.cms.gov

Chesterfield-Colonial Heights Department of Social Services -----804-748-1100
9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832

Content Family Services -----804-416-5056
9702 Gayton Road, Suite 209, Henrico, VA 23238

Mike Mason Insurance, LLC -----804-216-5422
14304 Candlewick Court, Midlothian, VA 23112

Social Security Office -----800-772-1213
www.ssa.gov

Social Security Administration for Chesterfield -----804-744-0227
13551 Waterford Place, Midlothian, VA 23112 -----800-772-1213

Unitedhealthcare, Kittygayle McMoon-----804-334-1228
101 N Pinetta, #35975, North Chesterfield, VA 23235

Virginia Premier -----Medicare: 1-877-739-1370
600 E Broad Street, Suite 400, Richmond, VA. 23219 -----Medicaid: 1-800-727-7536
www.virginiapremier.com

MENTAL HEALTH SERVICES

These agencies provide services to individuals who are experiencing mental health problems and support services for their families. All require a fee for services. They may accept insurance, Medicare or Medicaid payments.

Appomattox Area Health and Wellness Center-----804-733-5591
321-C Poplar Drive, Petersburg, VA 23805
www.cvhsinc.org Offers sliding scale community services for health and wellness on multiple levels, including mental health as well as physical health

Chesterfield Mental Health Support Services-----804-748-1227
6801 Lucy Corr Boulevard, Chesterfield, VA 23832

Chesterfield Mental Health Crisis Intervention Team ----- 24 hours 804-748-6356

CJW Medical Center, Chippenham Campus, Tucker Pavilion
Intake -----804-323-8846
7101 Jahnke Road, Richmond, VA 23225 -----804-320-3911
www.cjwmedical.com

Dominion Behavioral Health Care -----804-794-4482
703 North Courthouse Road, Richmond, VA 23236 (Psychological Testing)
www.dbhhelp.com

Footsteps Counseling-----804-715-3215
Southside Nazarene Church, 6851 Courthouse Road, Chesterfield, VA 23832
www.footstepscounseling.com

Independent Capacity Systems-----804-590-7914
16015 Continental Boulevard, South Chesterfield, VA 23834
www.independentcapacitysystem.com

Jewish Family Services-----804-282-5644
6718 Patterson Avenue, Richmond, VA 23226
www.jfsrichmond.org

Lutheran Family Services-----804-288-0122
4901 Dickens Road, Suite 115, Richmond, VA 23230
www.lfsva.org

MCV Department of Psychiatry ----- (outpatient) existing patients 804-828-9452
501 North 2nd Street, 3rd Floor, Richmond, VA 23219 ----- (intake) new patients 804-828-2000
www.VCUHealth.org

National Counseling Group -----804-767-3470
21 Walnut Boulevard, Petersburg, VA 23805
www.nationalcounselinggroup.com

Poplar Springs Hospital -----866-546-2229
350 Poplar Drive, Petersburg, VA 23805
www.poplarsprings.com

Bon Secours Behavioral Health at Richmond Community Hospital-----804-225-1700
1500 North 28th Street, Richmond, VA 23223
www.bonsecours.com

MOVING AND ORGANIZATIONAL SERVICES

These companies specialize in packing and moving household items for older adults.

Caring Transitions of Greater Richmond -----804-256-2048
www.CaringTransitionsRichmond.com

Door to Door Solutions -----804-261-4124
2214 Westwood Avenue, Richmond, VA 23230
www.doortodoorsolutions.com

Home Matters -----804-385-2433
www.HomeMattersOfVa.com

NURSING HOMES (See Housing Options)

ORTHOTICS AND PROSTHETICS

Products include orthotics (any type of bracing for the body) and prosthetics. Services for patients include mentoring program, support groups, professional in-services and help with job placement.

American Orthotic and Prosthetic Center-----804-353-9077
2000 Bremo Road, Richmond, VA 23226
www.americanopc.com

Powell Orthotics and Prosthetics-----804-649-9043
2034 Dabney Road, Suite C, Richmond, VA 23230
www.powelloandp.com

PERSONAL EMERGENCY RESPONSE (See Emergency Response Systems)

PHARMACIES PROVIDING HOME DELIVERY

All of the listed pharmacies provide delivery services. Some have limited delivery areas. Some may charge a fee for delivery or offer a senior discount for prescription medications.

Appomattox Area Health and Wellness Center-----804-733-5591
321 C Poplar Drive, Petersburg, VA 23805
www.cvhsinc.org

Bremo Pharmacy-----804-288-8361
2024 Staples Mill Road, Richmond, VA 23230
www.bremorx.com

Buford Road Pharmacy, Inc-----804-272-1423
2608 Buford Road, North Chesterfield, VA 23235
www.bufordrx.com

Lafayette Pharmacy, Inc.-----804-355-1777
1011 Lafayette Street, Richmond, VA 23221

McGuire Park Pharmacy, Inc.-----804-344-4444
2106 East Main Street, Richmond, VA 23223

Midlothian Apothecary-----804-794-5592
13502 Midlothian Turnpike, Midlothian, VA 23113
www.midloapothecary.com

Rite Aid-----804-230-6645
1801 Hull Street, Richmond, VA 23224
www.riteaid.com

Westbury Apothecary -----804-285-3428
8903 Three Chopt Road, Richmond, VA 23229
www.westburyapothecary.com

PHYSICIANS/FAMILY MEDICINE WITH GERIATRIC FOCUS

These doctors are physicians who specialize in providing medical advice and treatment of older adults. They have received more advanced training in the treatment and diagnosis of diseases relating to aging adults.

Mansilla Medical Practice -----804-379-3100
360 Browns Hill Court, Midlothian, VA 23114
www.mansillamedicalpractice.com

McGuire VA Medical Center
Angela Gentili, MD -----804-675-5000
1201 Broad Rock Boulevard, Richmond, VA 23224

Primary Health Group – Johnston Willis -----804-320-1333
1471 Johnston Willis Drive, North Chesterfield, VA 23235

Swift Creek Family Care -----804-526-5850
3628 Boulevard, Colonial Heights, VA 23834

VCU Geriatrics -----804-354-8108
2104 West Laburnum Ave, Richmond, VA 23227
<http://www.intmed.vcu.edu/about/institutes/vcucahm/index.html>

PHYSICIAN HOUSE CALLS

These physicians will make house calls.

Visiting Physicians Association -----804-687-4973
6802 Paragon Place, Suite 410, Office 417, Richmond, VA 23230 ----- Toll Free 855-803-9352
www.visitingphysicians.com

VCU Health Geriatric and Continuum Services -----804-354-8108
2104 West Laburnum Ave., Richmond, VA 23227
<http://www.intmed.vcu.edu/about/institutes/vcucahm/index.html>

PHYSICIAN REFERRAL SERVICE

These programs provide information regarding doctors and their specialties.

Bon Secours Richmond Call for Health-----804-359-9355

HCA Physician Referral-----804-320-3627
www.cjwmedical.com-----Toll free 855-275-7555

Medical College of Virginia Associated Physicians -----800-762-6161
www.mcv.org

PRESCRIPTION ASSISTANCE

These organizations may be able to provide assistance and/or discounts for prescribed medications.

Medicare Prescription Drug Benefit-----800-633-4227
www.medicare.gov (click on Prescription Drug Plan)

Senior Connections, The Capital Area Agency On Aging -----804-343-3000
24 East Cary Street, Richmond, VA 23219 -----800-989-2286
www.seniorconnections-va.org

RAMPS

Amramp -----804-564-4973
P. O. Box 4163, Glen Allen, VA 23058 -----800-649-5215
www.amramp.com

Mobility Supercenter -----804-231-7774
7450 Midlothian Turnpike, North Chesterfield, VA 23225 ----- Toll Free 866-202-8607
www.mobilitysupercenter.com

project:HOMES -----804-233-2827
88 Carnation Street, Richmond, VA 23225
www.projecthomes.org

RAMPS -----804-282-3605
1114 Westbriar Drive, Suite D, Richmond, VA 23238
www.rampsrva.org

RECREATION (See [Fitness/Exercise/Recreation](#))

RESPIRE REFERRAL

Some assisted living facilities may offer respite care. Adult day care centers also provide respite care. Temporary care for family caregivers may also be available through home-based care services.

Alzheimer's Association of Greater Richmond -----804-967-2580
4600 Cox Road, Suite 130, Glen Allen, VA 23060 ----- Helpline 800-272-3900
www.alz.org/grva

- Alzheimer's Association Tri-Cities Branch**-----804-446-5860
 201 Temple Avenue, Suite E, Colonial Heights, VA 23834
www.alz.org/grva
- Chesterfield-Colonial Heights Department of Social Services**-----804-748-1100
 P. O. Box 430, 9501 Lucy Corr Circle, Chesterfield, VA 23832
- Commonwealth Catholic Charities Independence for Seniors** -----804-545-5916
 1601 Rolling Hills Drive, Richmond, VA 23229
www.cccofva.org
- Family Lifeline** -----804-282-4255
 2325 West Broad Street, Richmond, VA 23220
www.familylifeline.org
- Jewish Family Services**-----804-282-5644
 6718 Patterson Avenue, Richmond, VA 23226
www.jfsrichmond.org
- Senior Connections, The Capital Area Agency On Aging** -----804-343-3000
 24 East Cary Street, Richmond, VA 23219 -----800-989-2286
www.seniorconnections-va.org
- Virginia Department for Aging and Rehabilitation Services** -----804-662-7671
 State information on Respite Providers or Programs ----- Toll Free 800-552-3402
 1610 Forest Avenue, Suite 100, Henrico, VA 23229
www.vadars.org

SENIOR CENTERS

These centers provide activities for individuals who want to get out and be active. Services vary with each program, as do the times the programs are offered. Services may include meals, social activities, and information or referral services. Some groups sponsor trips, card games, dances or other social activities.

- 50+ Active Lifestyle programs at Chesterfield Baptist Church**-----804-339-2877
 16530 Hull Street Road, Mosley, VA 23120
www.chesterfield.gov/activelifestyles
- 50+ Active Lifestyle programs at Huguenot Road Baptist Church**-----804-212-8815
 10525 West Huguenot Road, North Chesterfield, VA 23235
www.chesterfield.gov/activelifestyles
- Bensley Recreation Center**-----804-768-7904
 2900 Drewrys Bluff Road, North Chesterfield, VA 23237
www.chesterfield.gov/activelifestyles/parks
- Bon Air Presbyterian Church Friendship Cafe** -----804-343-3000
 9201 W. Huguenot Rd, North Chesterfield, VA 23235

dayBREAKS Adult Care Center-----804-419-0999
2405 Dovercourt Drive, Midlothian, VA 23113
www.daybreaksva.com

Lifelong Learning Institute -----804-378-2527
13801 Westfield Road, P. O. Box 1090, Midlothian, VA 23113
www.llichesterfield.org

Market Square Friendship Café-----804-343-3000
7109 Bensley Commons Lane, North Chesterfield, VA 23237

New Covenant Presbyterian Church Friendship Café -----804-343-3000
6415 Irongate Drive, North Chesterfield, VA 23234

Rockwood Village Friendship Café-----804-343-3000
3901 Price Club Boulevard, Midlothian, VA 23112

The Shepherd's Center of Chesterfield -----804-706-6689
6800 Lucy Corr Boulevard, PO Drawer 170, Chesterfield, VA 23832
www.shepcenter.org

YMCA

- Chester-----804-748-9622
- Manchester -----804-276-9622
- Midlothian -----804-379-5668
- Swift Creek-----804-595-9622

SENIOR GROUPS AT AREA CHURCHES

Services vary with each program, as do the times the programs are offered. Some groups sponsor trips, card games, dances or other social activities.

Golden Age Fellowship – Clover Hill Baptist Church -----804-745-0660
3100 Courthouse Road, North Chesterfield, VA 23236
www.cloverhillbaptist.com

Saint Gabriel Catholic Church -----804-639-6712
8901 Winterpock Road, Chesterfield, VA 23832

Older Adult Ministries and Healing Hearts-----804-272-2072
Huguenot Road Baptist Church, 10525 West Huguenot Road, North Chesterfield, VA 23235
www.hrbcrichmond.org

Providence Retired Club – Providence United Methodist Church-----804-276-4289
901 South Providence Road, North Chesterfield, VA 23236
www.providenceumc.net

Reveille United Methodist Church -----804-359-6041
4200 Cary Street, Richmond, VA 23221
www.reveilleumc.org/leisure-club

St. Mathias Episcopal Church -----804-272-8588
11300 West Huguenot Road, Midlothian, VA 23113
www.stmatmidlo.com/

Salisbury Presbyterian Church (Senior Choir) -----804-794-5311
13621 West Salisbury Road, Midlothian, VA 23113
www.thesalisburychurch.org/

Tabernacle Baptist Church -----804-739-2169
11521 Coalboro Road, Chesterfield, VA 23838
www.tbcchesterfield.org

Women's Guild -----804-275-7962
St. Augustine's Catholic Church, 4400 Beulah Road, North Chesterfield, VA 23237
www.staugustineparish.net

Young Seniors – Second Branch Baptist Church -----804-739-3460
12217 Second Branch Road, Chesterfield, VA 23838
www.secondbranch.org

SOCIAL SECURITY

Find answers to any questions regarding eligibility and benefits for Medicare and Social Security.

Chesterfield Office -----877-773-7231
13551 Waterford Place, Midlothian, VA 23112 ----- TTY 800-325-0778

Petersburg Office -----877-803-6322
100 Poplar Drive, Petersburg, VA 23805 ----- 800-325-0778

Social Security District Office -----866-679-7228
Main number-----800-772-1213
1834 West Cary Street, Richmond, VA 23220 ----- TTY 800-325-0778
www.socialsecurity.gov or www.ssa.gov

SUBSTANCE ABUSE

Alcoholics Anonymous (Phone Support & Meeting Information) -----804-355-1212
www.aarichmond.org

Chesterfield Mental Health Support Services
Crisis Phone -----804-748-6356
PO Box 92, 6801 Lucy Corr Boulevard, Chesterfield, VA 23832
www.chesterfield.gov/ASAS

The Daily Planet, Southside Community Health Center-----804-292-3011
180 Belt Boulevard, Richmond, VA 23225
www.dailyplanetva.org

The Healing Place -----804-358-0964, ext. 114
700 Dinwiddie Avenue, Richmond, VA 23224
www.thehealingplace.com

The Meridian Group of Chesterfield-----804-751-8644
10109 Krause Road, Suite 100, Chesterfield, VA 23832-6501
www.meridianhelp.com

SUPPORT GROUPS

These groups provide opportunities to receive information regarding specific health concerns. Some provide emotional support through counseling and general discussion.

AA Club House (Alcoholics Anonymous)-----804-644-2095
210 North Madison Street, Richmond, VA 23208

AlAnon/AlAteen Service Center -----804-569-5155
3600 West Broad Street, Suite 684, Richmond, VA 23230-4916
www.alanonrichmond.org

Alcoholics Anonymous (Phone Support & Meeting Information) -----804-355-1212
www.aarichmond.org

ALS Support Group-----804-297-1954
Trinity United Methodist Church, ----- **Contact: Christina Vargas**
8100 Three Chopt Road, Suite 1217, Richmond, VA 23229
Meets on Wednesday from 3:30 – 5:00 p.m.

Alzheimer's Association, Greater Richmond Chapter-----804-967-2580
4600 Cox Road, Suite 130, Glen Allen, VA 23060 -----800-272-3900
www.alz.org/grva

Alzheimer's Association, Tri-Cities Branch -----804-526-2359
201 Temple Avenue, Suite E, Colonial Heights, VA 23834
www.alz.org/grva

Alzheimer's Support Groups (www.alz.org/grva)

Richmond area groups are contacted via the Alzheimer's Chapter Office (804-967-2580)

Bon Air United Methodist Church -----804-967-2580
Family Life Center, Blanchette Brown Room
1645 Buford Road, North Chesterfield, VA 23235
Meets on the third Tuesday at 2 p.m.

Brandermill Woods Health Care Center-----804-967-2580
2100 Brandermill Parkway, Midlothian, VA 23112
Meets on the third Tuesday at 7 p.m.

Lucy Corr -----804-967-2580
6800 Lucy Corr Blvd, Chesterfield, VA 23832
Meets on the third Tuesday at 7 p.m.

New Life United Methodist Church -----804-967-2580
900 Old Hundred Road, Midlothian, VA 23114
Meets on the second Wednesday at 10 a.m.

Petersburg Public Library-----804-733-2387
201 W. Washington Street, Petersburg, VA 23803
Meets on the second Wednesday at 4:00pm in the 1st floor conference room

Second Branch Baptist Church ----- 804-967-2580
12217 Second Branch Road, Chesterfield, VA 23838
Meets on the first Tuesday at 10:30 a.m.

American Cancer Society-----804-527-3700
4240 Park Place Court, Glen Allen, VA 23060 ----- 24-hour hotline 800-227-2345
www.cancer.org

American Diabetes Association -----804-225-8038
870 Greenbrier Circle, Suite 404, Chesapeake, VA 23320 ----- 888-DIABETES
www.diabetes.org

American Lung Association – The Better Breathers Club
HealthSouth Rehabilitation Hospital of Petersburg, ----- 800-LUNGUSA
95 Medical Park Boulevard, Petersburg, VA 23805
www.lungva.org
Meets on the fourth Wednesday at 4:30 p.m.

Bereavement Support Group - Crater Community Hospice -----804-526-4300
3916 South Crater Road, Petersburg, VA 23805
Call for support group information.

Breath Matters -----804-937-6855
Chippenham Hospital, 7101 Jahnke Road, Richmond, VA 23235
www.breathmatters.org

Care and Concern Group -----804-318-8624
Mental Health Support Services, 6801 Lucy Corr Blvd, Chesterfield, VA 23832
Meets Mondays from 6:00 p.m. – 7:30 p.m.

Caregiver Connection-----804-768-7878
6800 Lucy Corr Boulevard, Chesterfield, VA 23832
www.chesterfield.gov/seniorevents
Meets on the first Tuesday at 4 p.m.

Central Virginia Post-Polio Support Group-----804-740-6833
1803 Aston Lane, Richmond, VA 23238
www.cvppsg.org

Compassionate Friends Support Group-----804-458-9000
St. Matthias Episcopal Church, 11300 West Huguenot Rd, Midlothian, VA 23113
For parents who have lost a child - Meets the last Tuesday of each month at 7:00 p.m.

Frontotemporal Degeneration - FTS Caregiver Support Meeting
Trinity Unity Methodist Church, Library (Room 311), 903 Forest Avenue, Henrico, VA 23229
Contacts: Barbara Pickels, email airymount@comcast.net -----804-248-6848
Angie Phelon, email aphelon@youraaa.org-----804-343-3045
Meets the third Thursday of each month from 2:00 - 4:00 p.m.

Greater Richmond Amputee Support Group-----804-649-9043
2034 Dabney Road, Suite C, Richmond, VA 23230
www.facebook.com/GreaterRichmondAmputeeSupportGroup; powelloandp.com

Healing Hearts (Widow(ers) Support Group)-----804-272-2072
10525 West Huguenot Road, North Chesterfield, VA 23235
www.hrbcrichmond.org

Kinship/Grandparent Connection -----804-768-7878
9800 Government Center Parkway, P. O. Box 40, Chesterfield, VA 23832
For grandparents raising grandchildren, and other kin raising a child.
Meets on the third Thursday from 4:30-6:00 p.m.; third Monday from 9:30-11:00 a.m.

Multiple Sclerosis Support Group -----804-739-8488
North Courthouse Road Library, 325 Courthouse Road -----804-794-7589
North Chesterfield, VA 23236
smyelinms@gmail.com
Meets the 3rd Wednesday of each month from 12:00 – 2:00 p.m.

National Alliance for the Mentally Ill – Central Virginia-----804-285-1749
1904 Byrd Avenue, Suite 207, P. O. Box 18086, Richmond, VA 23226
www.namicentralvirginia.org

Parkinson’s Disease Support Group-----804-355-5717
Circle Center Adult Day Services, 4900 West Marshall Street, Richmond, VA 23230
www.circlecenterads.org

Prostate Cancer Group -----804-346-4407
Ridge Baptist Church, 1515 Eastridge Road, Henrico, VA 23229
Contact: Peter Moon
www.rvaprostatecancersupport.org
Meets on the third Thursday of each month at 7:00 p.m.

Richmond Aphasia Support (brain injury)-----804-908-3261
Wells Coleman building, Training Room 100, Monument Corporate Center,
5400 Monument Avenue, Richmond, VA 23230
Contact: Susan Hapala, www.rva-aphasia.com
Meets on the second Thursday at 6:00 p.m.

Richmond Well Spouse Support Group -----804-545-4952
Parham Doctor's Hospital, 7700 East Parham Road, Suite 120, Richmond, VA 23294
Contact Kathy Jarrell at Kathy.jarrell@hcahealthcare.com
Meets on the second Tuesday night of each month, from 7-9 p.m.

TGIF: Through Grief in Friendship-----804-739-4535
Woodlake United Methodist Church, 6601 Woodlake Village Parkway,
Midlothian, VA 23112
Contact: Cathy Frazier

Virginia Mid-Atlantic Chapter Paralyzed Veterans of America-----804-378-0017
11620 Busy Street, North Chesterfield, VA 23236 -----800-852-7639
<http://www.pvamidatlantic.org/>

YWCA Women's Victim Advocacy, Greater Richmond Regional Hotline ----804-612-6126
6 North 5th Street, Richmond, VA 23219 -----804-643-6761
Email: Info@ywcarichmond.org
www.ywcarichmond.org

YWCA Women's Victim Advocacy – Chesterfield----- 804-643-6761. Ext 119
www.ywcarichmond.org
Contact: Ryan E. Morris, MSW, Director of Advocacy and Outreach
at: www.rmorris@ywcarichmond.org

TAX ASSISTANCE

These programs help you complete your taxes and provide you information regarding your tax return.

AARP www.aarp.org -----888-687-2277
Also: www.local.aarp.org/chesterfield-va/

Real Estate Tax Relief (Chesterfield County) -----804-748-1281
www.Chesterfield.gov/1143/Tax-Relief

Commissioner of the Revenue-----804-748-1281
P. O. Box 124, 9901 Lori Road, Chesterfield, VA 23832
www.chesterfield.gov/310/Commissioner-of-the-Revenue

TECHNOLOGY

Chesterfield County Parks and Recreation-----804-748-1623
P. O. Box 40, 6801 Mimms Loop, Chesterfield, VA 23832
www.chesterfield.gov/150/Parks-Recreation

Chesterfield County Public Libraries -----804-751-2275
P. O. Box 297, 9501 Lori Road, Chesterfield, VA 23832
www.library@chesterfield.gov

Lifelong Learning Institute of Chesterfield -----804-378-2527
P. O. Box 1090, 13801 Westfield Road, Midlothian, VA 23113
www.llichesterfield.org

Senior Connections, The Capital Area Agency on Aging -----804-343-3000
24 East Cary Street, Richmond, VA 23219
www.seniorconnections-va.org

Thinking CAP Technologies -----804-928-3689
7305 Hancock Village Drive, Suite 508, Chesterfield, VA 23832
www.thinkingcaptechnologies.com

TOLL FREE TELEPHONE NUMBERS

These toll-free numbers may be beneficial to older adults or adults with disabilities.

211 Virginia -----800-230-6977

General Telephone Information -----800-555-1212

AARP -----800-424-3410

American Council of the Blind -----800-424-8666

American Speech Language Hearing Association -----800-638-8255

Arthritis Foundation – Mid Atlantic Region -----800-456-4687

Cancer Information Service and Hotline -----800-422-6237

Central VA Legal Aid Society & Farm Workers Legal Assistance Project ----800-868-1012

Child Help National Abuse Hotline -----800-422-4453

Disability Law Center -----800-552-3962

Elder Abuse, Adult Protective Services – VA -----888-832-3858

Eldercare Locator -----800-677-1116
www.eldercare.acl.gov/Public/Index.aspx

General Electric Healthcare Accessories and Supplies -----866-281-7545
www.gehealthcare.com

Internal Revenue Service -----800-829-1040

Library Resource Center – VA Dept. for the Blind & Vision Impaired -----800-552-7015

Long-Term Care Ombudsman, Senior Connections -----800-989-2286
www.seniorconnections-va.org/ -----804-343-3000

**Office of Equal Employment Services,
Dept. of Human Resource Management -----800-533-1414**
www.dhrm.virginia.gov -----804-225-2131

Sickle Cell Disease Association of America -----800-421-8453

Social Security-----800-772-1213
www.ssa.gov

Virginia Department for Aging and Rehabilitative Services -----800-552-5019
www.vadars.org

Virginia Department for Deaf and Hard of Hearing -----800-552-7917
www.vddhh.org

Virginia Dept. of Social Services
Adult Protective Services Elder Abuse Hotline -----888-832-3858
Child Protective Services, Abuse & Neglect Hotline -----804-786-8536
www.dss.virginia.gov

Virginia Lawyer Referral -----800-552-7977

TRANSPORTATION

These programs provide transportation to individuals who cannot use public transportation or need special assistance. Fees may be charged. Check with the provider and your insurance carrier for details.

American Cancer Society-----800-227-2345
For cancer patients to and from treatment and medical appointments -----804-527-3700
www.cancer.org

American Red Cross Transportation -----804-780-2298
420 East Cary Street, Richmond, VA 23219
Subject to qualifications and for medical appointments only. Requires two weeks notice for new clients.
www.redcross.org or <http://www.redcross.org/local/virginia>

Angels for Hire-----804-929-8297

Caring Companions-----804-323-6900

EMS Passport, Chesterfield Fire/EMS -----804-768-7524
Subscription program to help eliminate out-of-pocket patient expenses, such as health insurance co-payments and deductibles, when ambulance transportation is required.
P. O. Box 1658, Chesterfield, VA 23832

Grace Transportation-----804-399-1205
Wheelchair or ambulatory transports.

LogistiCare-----866-386-8331
Wheelchair equipped, 48 hours advance notice. Medicaid participants only.

Mobility Services-----804-706-2796
9800 Government Center Pkwy, P.O. Box 40, Chesterfield, VA 23832
Must be registered prior to using the service.
www.chesterfield.gov/mobilityservices

The Shepherd's Center of Chesterfield -----804-706-6689
6800 Lucy Corr Boulevard, Chesterfield, VA 23832
Five days notice. Call 9:00 am to 1:00 pm. Free accompanied transportation.
www.shepctrchesterfield.org

The Shepherd's Center of Richmond -----804-355-7282
3111 Northside Avenue, Suite 400, Richmond, VA 23228
Not wheelchair accessible, one-week notice; minimum age 60.
Chesterfield Zips 23235, 23236, 23225, 23224
www.tscor.org

Tendercare of Virginia, Inc. -----804-288-8763
14064 Little Bear Court, Montpelier, VA 23192
Non-emergency medical transportation for wheelchairs and stretchers.
www.tendercareofva.com

TNT Transportation Services -----804-270-3258
www.tntvans.com
Wheelchair equipped, 24 hours advanced notice.

Van Go, Inc. of Richmond -----804-261-7388
5805 School Avenue, Richmond, VA 23228
Wheelchair equipped, one day advanced notice.

VIP & Associates -----804-421-2500
P. O. Box 26191, Richmond, VA 23260
Wheelchair equipped, one to two days notice. M-F 8:00 am-4:00 pm.

Yur-Way Transportation, LLC -----804-334-2607
Wheelchair equipped, 2 days advanced notice.

VETERANS

These organizations provide services to military veterans.

AmVets -----Donation only 804-231-7150
5432 Midlothian Turnpike, Richmond, VA 23225 -----Assistance Directory 301-459-9600
www.amvets.org

McGuire's Hospital, The VA Hospital -----804-675-6546
Hunter Holmes McGuire Department of Veterans Services Office
1201 Broad Rock Boulevard, Richmond, VA 23249
www.dvs.virginia.gov

Sportable -----804-340-2991
1365 Overbrook Road, Suite 2, Richmond, VA 23220
www.sportable.org

Veterans Affairs Department of Benefits & Claims -----800-827-1000
www.va.gov

Veterans Affairs Department of Education Benefits -----888-442-4551
www.va.gov

Veterans Cemeteries -----804-675-6546
Provides Information on 6 federal cemeteries in this area
www.cem.va.gov

Virginia Department of Veterans Services -----804-786-0286
Office of the Commissioner, James Monroe Bldg.
101 N. 14th Street (17th floor), Richmond, VA 23219
www.dvs.virginia.gov

VISION SERVICES

These programs offer special services or devices to aid the visually impaired.

American Council for the Blind in Washington DC -----800-424-8666
1703 N Beauregard Street, Suite 420, Alexandria, VA 22311
www.acb.org

Chesterfield-Colonial Heights Department of Social Services -----804-748-1100
9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
(Ask for Assessment & Resource Team: ART)
<https://www.chesterfield.gov/569/Social-Services>

Lions Club (Call Chesterfield Social Services) -----804-748-1100
www.lionsclubs.org

National Eye Care Project (Eye Care America) -----877-887-6327
www.eyecareamerica.org

VCU Medical Center -----804-828-0428
Nelson Clinic, 401 North 11th Street, 4th Floor, P. O. Box 980438, Richmond, VA 23298
www.vcuhealth.org

Virginia Department for the Blind & Vision Impaired-----804-371-3140
397 Azalea Avenue, Richmond, VA 23227 -----800-622-2155
www.vdbvi.org

The Virginia Voice -----804-266-2477
395 Azalea Avenue, P. O. Box 15546, Richmond, VA 23227
Provides oral readings of various materials via internet and closed-circuit radio broadcast to vision impaired; no fee to qualified applicants.
www.virginiavoice.org

VOLUNTEER OPPORTUNITIES

These programs offer opportunities for volunteer service. Contact local hospitals, hospices, assisted living facilities, nursing homes and support groups for more opportunities.

AARP -----888-687-2277
www.states.aarp/region/virginia.org

American Red Cross -----804-780-2250
420 East Cary Street, Richmond, VA 23219
www.redcross.org/local/virginia

Chesterfield-Colonial Heights Department of Social Services -----804-748-1100
9501 Lucy Corr Circle, P. O. Box 430, Chesterfield, VA 23832
www.chesterfield.gov/569/Social-Services

Chesterfield County Office of Aging & Disability Services -----804-768-7878
9800 Government Center Parkway, P. O. Box 40, Chesterfield, VA 23832
<https://www.chesterfield.gov/213/Volunteer-Opportunities>

Chesterfield County Parks & Recreation Department -----804-748-1623
6801 Mimms Loop, P. O. Box 40, Chesterfield, VA 23832
<https://www.chesterfield.gov/1072/Volunteering>

Chesterfield County Volunteer Coordinator -----804-751-4142
Human Resource Management, P.O. Box 40, Chesterfield, VA 23832
www.chesterfield.gov/volunteer

CJW Medical Center

- **Chippenham Campus, Volunteer Services** -----804-483-3257
7101 Jahnke Road, Richmond, VA 23225
- **Johnston-Willis Campus, Director of Volunteers** -----804-483-5081
1401 Johnston Willis Drive, North Chesterfield, VA 23235
www.HCAVirginia.com

Commonwealth Catholic Charities Independence for Seniors -----804-545-5916
1601 Rolling Hills Drive, Richmond, VA 23229
www.cccofva.org

Crater District Area Agency on Aging -----804-732-7020
23 Seyler Drive, Petersburg, VA 23805
www.CDAAA.org

Lifelong Learning Institute -----804-378-2527
13801 Westfield Road, P. O. Box 1090, Midlothian, VA 23113
www.llichesterfield.org

Lucy Corr -----804-748-1511
6800 Lucy Corr Boulevard, Chesterfield, VA 23832
www.lucycorr.org

Meals on Wheels of Greater Richmond (Feed More) -----804-521-2500
1415 Rhoadmiller Street, Richmond, VA 23220
www.mowdelivers.com

Pocahontas State Park -----804-796-4255
10301 State Park Road, Chesterfield, VA 23832
www.virginiastateparks.gov

Retired and Senior Volunteer Program (RSVP) -----804-343-3000
Senior Connections, 24 East Cary Street, Richmond, VA 23219
www.seniorconnections-va.org

Retired and Senior Volunteer Program (RSVP) Petersburg -----804-861-1767
23 Seyler Drive, Petersburg, VA 23805
www.CDAAA.org

Senior Connections, The Capital Area Agency on Aging -----804-343-3000
24 East Cary Street, Richmond, VA 23219 -----800-989-2286
www.seniorconnections-va.org

St. Francis Medical Center -----804-594-7807
13710 St. Francis Boulevard, Midlothian, VA 23114
<http://bonsecours.com/richmond/community-commitment/volunteer>

The Shepherd's Center of Chesterfield -----804-706-9198
6800 Lucy Corr Boulevard, Chesterfield, VA 23832
www.shepcenter.org

Virginia Voice -----804-266-2477
395 Azalea Avenue, P. O. Box 15546, Richmond, VA 23227
www.virginiavoice.org

VOTER REGISTRATION

It is everyone's right and privilege to vote. Contact the registrar's office to learn how to cast a proxy vote if you are unable to go to the voting sites.

General Registrar's Office – Chesterfield County -----804-748-1471
9848 Lori Road, P.O. Box 1690, Chesterfield, VA 23832

WEBSITES

These are additional websites that may not have been previously listed in this directory.

- 211 Virginia ----- www.211virginia.org
- AARP ----- www.aarp.org
- Administration for Community Living ----- www.aoa.gov
- Alzheimer's Association, Richmond Chapter-----www.alz.org/grva
- Arc of Virginia ----- www.thearcofva.org
- Centers for Disease Control & Prevention ----- www.cdc.gov
- Centers for Medicare and Medicaid Services ----- www.cms.gov
- Chesterfield Council on Aging ----- www.chesterfield.gov/councilonaging
- Chesterfield County Government ----- www.chesterfield.gov
- Chesterfield Aging & Disability Services ----- <https://www.chesterfield.gov/188/Aging-Disability-Services>
- Chesterfield Triad ----- www.chesterfield.gov/triad
- Consumer Information ----- www.ftc.gov/bcp/consumer.shtm
- disAbility Law Center of Virginia ----- www.dlcv.org
- Eldernet ----- www.eldernet.com
- Families USA ----- www.familiesusa.org
- Food Safety ----- www.foodsafety.gov
- HCA VA Health System ----- www.hcavirginiahealthsystem.com
7300 Beaufont Springs Dr, Suite 101, Richmond, VA 23225
- Medicare ----- www.medicare.gov
- Medications ----- www.nlm.nih.gov/medlineplus/druginformation.html
- National Council on Aging ----- www.ncoa.org
- National Health Information ----- www.healthfinder.gov
- National Institutes of Health ----- www.health.nih.gov
- Partnership for People with Disabilities ----- www.vcu.edu/partnership

Senior Connections, The Capital Area Agency on Aging
----- www.seniorconnections-va.org

Seniors Guide ----- www.SeniorsGuideOnline/Richmond Va/senior living.com

SeniorNavigator ----- www.seniornavigator.org

Social Security Administration ----- www.ssa.gov

U.S. Government ----- www.usa.gov

VCU-Virginia Center on Aging ----- www.vcu.edu/vcoa

Virginia's Network for Healthy Aging ----- www.vaaaa.org

Virginia Association of Community Services Boards (VACSB) ----- www.vacsb.org

Virginia Board for People with Disabilities ----- www.vaboard.org

Virginia Center on Aging ----- www.vcu.edu/vcoa

Virginia Department for Aging and Rehabilitative Svcs. ----- www.vdars.org

Virginia Easy Access ----- www.easyaccess.virginia.gov

Virginia Assistive Technology System (VATS)----- www.vats.org

NOTES

EMERGENCY NUMBERS

Adult Protective Services----- 1-888-832-3858

Fire-----911

Medical/Rescue Squad ----- 911

Police-----911

Mental Health Crisis ----- 804-748-6356

NON-EMERGENCY NUMBERS

Fire/EMS, Police and Sheriff----- 804-748-1251

Chesterfield County
**Aging &
Disability
Services**



PROVIDING A **FIRST CHOICE** COMMUNITY THROUGH
EXCELLENCE IN PUBLIC SERVICE

Rev: SEPTEMBER, 2019